



YMCA of Greater Vancouver Employment Opportunity

Position Title: Health and Fitness Staff/Personal Trainer
Location: Tong Louie Family YMCA – Surrey, B.C.
Terms: Permanent Part-time
Hours: 8-24 hours per week
Shift: Flexible - may include mornings, weekends, and evenings

Salary:

Standard pay rate:

| | |
|-------------|---------|
| 0-519 Hours | \$13.79 |
| After 520 | \$14.32 |
| After 1100 | \$14.85 |
| After 2500 | \$15.74 |

Personal training rate:

| | |
|---------------|----------|
| 0-100 Hours | \$18.72 |
| After 101 | \$20.80 |
| After 250 | \$23.40 |
| After 5 years | \$26.000 |

Start Date: ASAP

Reports To: Manager, Health & Fitness

Situation:

The YMCA of Greater Vancouver is a charity dedicated to strengthening the foundations of community, by nurturing the potential of children, teens & young adults, promoting healthy lifestyles, fostering a sense of social responsibility and delivering lasting personal and social change. We are building a community in which a generation of children and families reach their full potential. Our values guide our decision-making and behaviour—we do the right thing, put people first, keep our promises and lead by example.

For over 130 years, we have been part of the community, a place where people of every age and background find the support they need to grow in spirit, mind and body. One of the Lower Mainland's leading charities, the YMCA of Greater Vancouver provides services in health, fitness & aquatics, child care, camping, employment & community services to over 120,000 participants annually.

Nature & Scope:

Reporting to the Manager of Health and Fitness programs, the Health and Fitness Staff will work collaboratively with other staff and volunteers, and is responsible for providing safe, fun, and educational programs and service to members and participants in a fitness environment. The Health and Fitness Staff will also teach a regular group fitness class and meet personal training targets.

Major Responsibilities:

- Assist individual members with their fitness programs, in a positive and professional manner
- Build meaningful relationships through positive daily interaction with YMCA members, visitors, and colleagues
- Supports the Group Fitness program by instructing classes

- Promote philanthropy through the YMCA’s annual Strong Kids Campaign
- Effectively manage the operation of the facility, including opening and closing the building
- Provide direct leadership to program delivery and ensure program content meets the appropriate criteria and outline; ensure program design and layout meets the needs of all participants
- Perform member orientations to the fitness facility
- Perform all mandatory administration duties and records
- Maintain an atmosphere of achievement that inspires self and others to succeed at the highest levels
- Ensure the safety of all members, participants, staff, and property by following YMCA standards/policies/procedures and ensuring they are maintained amongst all members and staff – this includes the free weight, stretching, circuit and cardio areas
- Maintain a neat, orderly, and clean environment, including all program areas, common spaces, and washrooms
- Assist with training new staff/volunteers in procedures and practices
- Remain flexible – willing to learn new skills, alter shifts
- Attend staff meetings, planning sessions and training events as required
- Maintain regular attendance, punctuality and be appropriately dressed and well groomed

Requirements:

- Current Standard First Aid and CPR-C & AED certificate
- Current YMCA Fitness – Individual Conditioning Level 2 or equivalent
- Current YMCA Group Fitness Instructor or equivalent
- Excellent organizational, customer service and relationship building skills
- Successful candidates will be required to provide a current and satisfactory Criminal Reference Check/Vulnerable Sector Search issued no later than six (6) months preceding your start date
- 3 professional references

Competencies:

Commitment to Organization and Values: Demonstrates and promotes a personal understanding of and appreciation for mission, vision, strategic outcomes and values of the YMCA of Greater Vancouver.

Service Orientation: Deliberately identifies needs and wants of members/participants as priority, and creates opportunities to enhance each and every person’s YMCA experience.

Teamwork: Ability to work effectively with others to achieve optimal collective results.

Communication: Ability to speak, write, listen, and secure information in a variety of settings

Outcomes Oriented: Ability to lead, manage, and achieve identified goals

Application Process:

Internal applicants should inform their supervisor prior to application.

Please apply [HERE](#) to complete online application

Application deadline: Ongoing

*Thank you for your interest and application.
Due to the high volume of applications received, only short-listed candidates will be contacted.*

