



## Employment Opportunity YMCA of Greater Vancouver

<b>Date Posted:</b>	January 11, 2019
<b>Position Title:</b>	Exercise Instructor, YMCA TIME™
<b>Location:</b>	Chilliwack YMCA
<b>Terms:</b>	Part-time, Permanent
<b>Program Cycles:</b>	Availability of shifts are subject to the TIME™ program cycles and sufficient program enrollment. TIME™ usually runs three full cycles (12 weeks) starting in January, April, and September and one half-cycle (6 weeks) starting in July.
<b>Schedule:</b>	When TIME™ is running, the shift schedule will be: Wednesdays and Fridays 10:45am to 12:15pm *These times are subject to change
<b>Salary:</b>	\$19.00 per hour
<b>Start Date:</b>	March 2019
<b>Reports To:</b>	Supervisor, Chronic Disease Programs

### **Situation:**

Chilliwack is getting a new Y! Opening in early 2019, this modern health, fitness, community and recreation facility will help meet the needs of all Chilliwack families so that everyone can reach their potential. We are looking for people to join our team who will warmly welcome long-time members to the new centre of community and create a welcoming space for everyone.

The Chilliwack YMCA is a part of the YMCA of Greater Vancouver – a charity dedicated to strengthening the foundations of community by helping families thrive, promoting healthy living and fostering a sense of connection and belonging. Together, we are building a community in which a generation of children and families reach their full potential. Our values guide our decision-making and behaviour: we do the right thing, put people first, keep our promises and lead by example. For more than 130 years, we have been part of the community – more than 40 in Chilliwack. We have always been a place where people of every age and background find the support they need to grow through programs and services in health, fitness & aquatics, child care, camping, employment, health management, immigrant services and youth engagement.

Together in Movement and Exercise (TIME™) is a community-based exercise program for people with balance and mobility challenges. Many participants suffer from stroke, acquired brain injury, multiple sclerosis and other chronic health conditions. Delivered in partnership with Fraser Health, TIME™ addresses the needs in the community in a structured, safe and fun environment. Classes are one hour in duration and are held twice a week for 12 weeks.

### **Nature & Scope:**

The TIME™ Exercise Instructor will report to Supervisor, Chronic Disease Programs and will work collaboratively with other staff, volunteers and participants. The Exercise Instructor is responsible for program delivery, role modeling, and building relationships with participants. Program specific training is provided through Fraser Health Authority.

### **Major Responsibilities:**

- Leading a safe exercise program for individuals with balance and mobility challenges
- Provide direct leadership to program delivery and ensure program content meets the appropriate criteria and outline; ensure program design and layout meets the needs of all participants
- Maintain an atmosphere of achievement that inspires self and others to succeed at the highest levels
- Ensure the safety of all members, participants, staff, and property by following YMCA standards/policies/procedures and ensuring they are maintained amongst all members and staff

- Assist with training volunteers in procedures and practices
- Attend staff meetings, planning sessions and training events as required
- Maintain regular attendance, punctuality and be appropriately dressed and well groomed

**Requirements:**

- Current Standard First Aid CPR-C & AED certificate
- Current group fitness certificate or qualifications
- Experience working with older adults or specialized populations
- Knowledge of chronic health conditions related to balance and mobility is an asset
- Successful candidates will be required to provide a current and satisfactory Criminal Reference Check/Vulnerable Sector Search issued no later than six (6) months preceding your start date

**Competencies:**

**Commitment to Organization and Values:** Demonstrates and promotes a personal understanding of and appreciation for mission, vision, strategic outcomes and values of the YMCA of Greater Vancouver.

**Service Orientation:** Deliberately identifies needs and wants of members/participants as priority, and creates opportunities to enhance each and every person's YMCA experience.

**Teamwork:** Ability to work effectively with others to achieve optimal collective results.

**Communication:** Ability to speak, write, listen, and secure information in a variety of settings

**Outcomes Oriented:** Ability to lead, manage, and achieve identified goals.

**Application Process:**

**Internal Applicants:** Please apply online through the ADP Workforce Now Career Center.

**External Applicants:** Please apply using the link below:

[https://workforcenow.adp.com/mascsr/default/mdf/recruitment/recruitment.html?cid=2b4cd153-66c2-4524-9a1c-714e9e1780df&jobId=269478&lang=en\\_CA&source=CC3&cclid=19000101\\_000001](https://workforcenow.adp.com/mascsr/default/mdf/recruitment/recruitment.html?cid=2b4cd153-66c2-4524-9a1c-714e9e1780df&jobId=269478&lang=en_CA&source=CC3&cclid=19000101_000001)

**Application Deadline:** 6:00 pm on January 21, 2019

*Thank you for your interest and application.*

*Due to the high volume of applications received, only short-listed candidates will be contacted.*



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