



YMCA of Greater Vancouver Employment Opportunity

Date Posted:	October 24, 2018
Position Title:	Exercise Instructor, YMCA Move with Parkinson's
Location:	Tong Louie Family YMCA (Surrey, BC)
Terms:	Casual/On Call
Shift	Tuesday & Thursday – 1:30pm - 2:45pm
Salary:	\$19.00 per hour
Start Date:	ASAP
Reports To:	Supervisor, Chronic Disease Programs

Situation:

The YMCA of Greater Vancouver is a charity dedicated to strengthening the foundations of community, by nurturing the potential of children, teens & young adults, promoting healthy lifestyles, fostering a sense of social responsibility and delivering lasting personal & social change. We are building a community in which a generation of children and families reach their full potential. Our values guide our decision-making and behaviour—we do the right thing, put people first, keep our promises and lead by example.

For over 130 years, we have been part of the community, a place where people of every age and background find the support they need to grow in spirit, mind and body. One of the Lower Mainland's leading charities, the YMCA of Greater Vancouver provides services in health & fitness, childcare, camping, employment & community services to over 120,000 participants annually.

YMCA Move with Parkinson's is an evidence-based exercise program for those living with Parkinson's disease. The program focuses on amplitude-focused movements that target multiple symptoms of Parkinson's disease, and allows for adaptation depending on disease progression.

Nature & Scope:

Move with Parkinson's Instructors will report to Coordinator, Community Health and will work collaboratively with other staff, volunteers and participants. The MWP Instructor is responsible for program delivery, role modeling, and building relationships.

Major Responsibilities:

- Leading a safe exercise program for individuals living with Parkinson's disease
- Provide direct leadership to program delivery and ensure program content meets the appropriate criteria and outline; ensure program design and layout meets the needs of all participants
- Maintain an atmosphere of achievement that inspires self and others to succeed at the highest levels
- Ensure the safety of all members, volunteers, participants, staff, and property by following YMCA standards/policies/procedures and ensuring they are maintained amongst all members and staff
- Assist with training new staff/volunteers in procedures and practices
- Attend staff meetings, planning sessions and training events as required
- Maintain regular attendance, punctuality and be appropriately dressed and well groomed

Requirements:

- Emergency First Aid/CPR-C & AED certificate
- Current fitness certificate or qualifications
- University degree in kinesiology, human kinetics or related field
- Experience leading a group-based exercise program
- Experience working with aging populations

- Awareness of Parkinson’s disease an asset
- Successful candidates will be required to provide a current and satisfactory Criminal Reference Check/Vulnerable Sector Search issued no later than six (6) months preceding your start date
- 3 professional references

Competencies:

Commitment to Organization and Values: Demonstrates and promotes a personal understanding of and appreciation for mission, vision, strategic outcomes and values of the YMCA of Greater Vancouver.

Service Orientation: Deliberately identifies needs and wants of members/participants as priority, and creates opportunities to enhance each and every person’s YMCA experience.

Teamwork: Ability to work effectively with others to achieve optimal collective results.

Communication: Ability to speak, write, listen, and secure information in a variety of settings

Outcomes Oriented: Ability to lead, manage, and achieve identified goals.

Application Process:

Internal applicants should inform their supervisor prior to application.

Internal Applicants:

https://workforcenow.adp.com/myportal/ess/recruitment/internalPostingPreview.faces?client=ymcagv&jobId=259579&lang=en_CA&source=CC2

External Applicants:

https://workforcenow.adp.com/mascsr/default/mdf/recruitment/recruitment.html?cid=2b4cd153-66c2-4524-9a1c-714e9e1780df&jobId=259579&lang=en_CA&source=CC3&cclid=19000101_000001

Application deadline: Until Filled

*Thank you for your interest and application.
Due to the high volume of applications received, only short-listed candidates will be contacted.*



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