



## YMCA of Greater Vancouver Employment Opportunity

**Position Title:** Health and Fitness Staff/Personal Trainer  
**Location:** Chilliwack Family YMCA, Chilliwack, B.C  
**Terms:** Permanent Part-Time  
**Hours:** 8-24 hours per week.

**Salary:**

<b>Standard pay rate:</b>	
0-519 Hours	\$13.79
After 520	\$14.32
After 1100	\$14.85
After 2500	\$15.74

<b>Personal training rate:</b>	
0-100 Hours	\$18.72
After 101	\$20.80
After 250	\$23.40
After 5 years	\$26.00

**Start Date:** December 2018  
**Reports To:** Manager, Fitness

### **Situation:**

Chilliwack is getting a new Y! Opening in early 2019, this modern health, fitness, community and recreation facility will help meet the needs of all Chilliwack families so that everyone can reach their potential. We are looking for people to join our team who will warmly welcome long-time members to the new centre of community and create a welcoming space for men, women, children, teens, seniors and families who are new to the Y to belong.

The Chilliwack YMCA is a part of the YMCA of Greater Vancouver—a charity dedicated to strengthening the foundations of community by helping families thrive, promoting healthy living and fostering a sense of connection and belonging. Together, we are building a community in which a generation of children and families reach their full potential. Our values guide our decision-making and behaviour: we do the right thing, put people first, keep our promises and lead by example.

For more than 130 years, we have been part of the community—more than 40 in Chilliwack. We have always been a place where people of every age and background find the support they need to grow through programs and services in health, fitness & aquatics, child care, camping, employment, health management, immigrant services and youth engagement.

### **Nature & Scope:**

Reporting to the Manager of Health and Fitness programs, the Health and Fitness Staff will work collaboratively with other staff and volunteers, and is responsible for providing safe, fun, and educational programs and service to members and participants in a fitness environment. The Health and Fitness Staff will also teach a regular group fitness class and meet personal training targets.

### **Major Responsibilities:**

- Assist individual members with their fitness programs, in a positive and professional manner

- Build meaningful relationships through positive daily interaction with YMCA members, visitors, and colleagues
- Supports the Group Fitness program by instructing classes
- Promote philanthropy through the YMCA's annual Strong Kids Campaign
- Effectively manage the operation of the facility, including opening and closing the building
- Provide direct leadership to program delivery and ensure program content meets the appropriate criteria and outline; ensure program design and layout meets the needs of all participants
- Perform member orientations to the fitness facility
- Perform all mandatory administration duties and records
- Maintain an atmosphere of achievement that inspires self and others to succeed at the highest levels
- Ensure the safety of all members, participants, staff, and property by following YMCA standards/policies/procedures and ensuring they are maintained amongst all members and staff – this includes the free weight, stretching, circuit and cardio areas
- Maintain a neat, orderly, and clean environment, including all program areas, common spaces, and washrooms
- Assist with training new staff/volunteers in procedures and practices
- Remain flexible – willing to learn new skills, alter shifts
- Attend staff meetings, planning sessions and training events as required
- Maintain regular attendance, punctuality and be appropriately dressed and well groomed

**Requirements:**

- Current Standard First Aid and CPR-C & AED certificate
- Current YMCA Fitness – Individual Conditioning Level 2 or equivalent
- Current YMCA Group Fitness Instructor or equivalent
- Excellent organizational, customer service and relationship building skills
- Successful candidates will be required to provide a current and satisfactory Criminal Reference Check/Vulnerable Sector Search issued no later than six (6) months preceding your start date
- 3 professional references

**Competencies:**

*Commitment to Organization and Values:* Demonstrates and promotes a personal understanding of and appreciation for mission, vision, strategic outcomes and values of the YMCA of Greater Vancouver.

*Service Orientation:* Deliberately identifies needs and wants of members/participants as priority, and creates opportunities to enhance each and every person's YMCA experience.

*Teamwork:* Ability to work effectively with others to achieve optimal collective results.

*Communication:* Ability to speak, write, listen, and secure information in a variety of settings

*Outcomes Oriented:* Ability to lead, manage, and achieve identified goals.

**Application Process:**

Complete online application using the following link:

[CLICK HERE](#)

**Application deadline: Ongoing**

*Thank you for your interest and application.  
Due to the high volume of applications received, only short-listed candidates will be contacted.*



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