



Communicable Disease Plan: YMCA of Greater Vancouver Health, Fitness and Aquatic Centres

Transitioning away from COVID-19 specific precautions and safety measures

Effective April 8, 2022, most of the COVID-19 related public health orders and guidance that apply to the YMCA, both as a service provider and an employer, are ending. They are replaced with this Communicable Disease Plan. This guidance applies to staff, volunteers, participants, clients, families, and contractors in each branch who might be experiencing any communicable disease.

People returning from international travel may be subject to additional, individual requirements as set by the Federal Government.

Principles

Everyone is to Self-Monitor their Health

- Please do not come into a health, fitness and aquatic centre if you are experiencing new symptom(s) of illness, such as fever, vomiting, diarrhea, coughing, muscle aches, sore throat, etc. until they have been resolved in accordance with the guidance from the BC Centre for Disease Control bccdc.ca.
- Please stay away until your symptoms are resolved AND you are feeling well, AND you are not subject to any public health self-isolation requirements.

Personal Hygiene

- Regular hand washing/sanitizing, including after using the washroom or changing a diaper, doing cleaning activities or garbage removal, after sneezing into your hand, and before and after preparing food.
- Follow routine practices for possible exposure to blood or body fluids.
- Cough/sneeze into your sleeve or a disposable tissue.

Cleaning

- Cleaning of shared surfaces is recommended once a day.

Get Vaccinated

- Follow the BC Centre for Disease Control recommendations for protection against any disease appropriate to your age, work, or personal circumstances.

Face Coverings/Masks

- May still be worn by choice for anyone older than 2 years of age.