



Child, Youth, Family Schedule
Bettie Allard YMCA
Updated for May 29 - June 30



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING	Childminding 11:00am - 1:00pm 6 wks - 5 Yrs	Baby Bears Story, Circle Time 9:15am - 10:00am 0-3 yrs	Indoor Family Playground 9:30am - 12:00pm 0 - 5 Yrs Gym	Baby Bears Story, Circle Time 9:15am - 10:00am 0-3 yrs		Childminding 9:00am - 12:30pm 6 wks - 5 Yrs	
	Indoor Family Playground 9:30am - 12:00pm 0 - 5 Yrs Gym	Family Playtime 10:00am -12:30pm 0 - 5 Yrs Childminding Room	Zumbini 10:00am - 10:45am (Registered Program)	Family Playtime 10:00am -12:30pm 0 - 5 Yrs Childminding Room	Zumbini 10:00am - 10:45am (Registered Program)	Indoor Family Playground 9:30am - 12:00pm 0-12 yrs Gym	Family Playtime 10:00am -1:00pm 0 - 5 Yrs Y Play A
AFTERNOON			Childminding 11:00am - 1:00pm 6 wks - 5 Yrs		Childminding 11:00am - 1:00pm 6 wks - 5 Yrs		
	Childminding 4:00pm - 7:30pm 6 wks - 5 Yrs	Childminding 4:00pm - 7:30pm 6 wks - 5 Yrs	Childminding 4:00pm - 7:30pm 6 wks - 5 Yrs	Y Learning Buddies Hub 4:30pm-5:30pm Y Play B		Childminding 4:00pm - 7:30pm 6 wks - 5 Yrs	
EVENING	Multi Sports 4:30pm - 5:30pm 6 - 12 Yrs Gym	Basketball 4:30pm-5:30pm 6 - 12 Yrs Gym	Story Design (3-5yrs old + parents) 4:30pm-5:30pm Y Play A	Family Playtime 4:30pm - 8:00pm 0 - 12 Yrs Y Play Room A	Family Playtime 4:00pm - 7:00pm 5 - 12 Yrs Y Play Room A		
	Soccer 5:30pm - 6:30pm 6 - 12 Yrs Gym	Family Playtime 4:30pm - 8:00pm 5 - 12 Yrs Y Play Room A		Basketball 4:30pm-5:30pm 6 - 12 Yrs Gym	Karate (Registered Program) 6:00pm-7:00pm Fitness Studio	Y Musical Art/Kids Club 4:30pm - 8:00 pm 5 - 12 Yrs Y Play B	
		Karate (Registered Program) 6:00pm-7:00pm Fitness Studio	Active Kids 5:30pm-6:30pm Ages 6 -12 yrs				
	Games Galore 6:30pm - 8:00pm 6 - 12 Yrs Y PLAY B	Games Galore 6:00pm - 8:00pm 6 - 12 Yrs Y PLAY B	Games Galore 6:30pm - 8:00pm 6 - 12 Yrs Y PLAY A				

Childminding is an additional cost - please visit the membership desk for more information or online to reserve your childminding space. Changes have been made to the schedule for April 2024

CFY, BAY - Updated: May 29 th 2024

DESCRIPTIONS	
Karate 7 years and up Registered Program	The Karate program will focus on the traditional teachings of the martial art and includes two structured karate lessons per week led by a professional instructor from Downtown Shotokan Karate. Cost \$360.00 Register online or at the membership desk.
Childminding 6 wks - 5 Years	In childminding children can play with toys, learn how to interact with other children and engage in activities appropriate for their ages and stages. Drop your child off so you can take a class, go for a swim or meet other parents in our center of community
Multi-Sports 6 - 12 Years	During this program your child will make friends, have fun and learn the value of fair play through basic sports. Children will run, jump, shoot, and pass while playing a variety of sports.
Games Galore	During this time, your child will interact with their friends, while engaging with our variety of board games in the Y Play Room!
Indoor Family Playground 0-5/5-12 Years	The perfect way for children to develop essential gross-motor skills like walking, running, jumping and throwing. Soft play, climbing, bouncing and riding equipment are provided offering a variety of options to your child. Parent involvement/supervisions is required
Active Kids	Gym Play with a mix use of equipment, relays games, parachute play
Basketball/Soccer	During this drop off program, your child will learn basic skills with the direction of our staff while playing these sport specific activities
Zumbini	Join us for ZUMBINI. A great social movement to music program for littles ages 0-4 yrs with their caregivers. Wednesdays and Fridays