

YMCA CCRR Newsletter August 2024



Funding for the CCRR is provided by the Province of British Columbia.

YMCA CCRR Events

Should I Be Concerned? - Aug 8th, 7-9pm, Online Via Zoom, \$10.

Networking: Como Lake Walk - Aug 10th, 10-11:30am, Como Lake, \$5

Menopause & Work in Canada: Unleash the Potential - Aug 14th, 7-8PM, Online via Teams, FREE!

<u>Creating a Culture of Child Safety</u> - Aug 17th, 9:30am-12:45pm, Online Via Zoom, \$15

Connecting with the Child & the Challenging Behaviour – Aug 24th, 9:30am-2pm, Coquitlam CCRR, \$20

Active Supervision & Temporary Placements – Aug 28th, 7-9pm, Coquitlam CCRR, FREE!

Visit myymca.ca to register!

YMCA CCRR Event Photos









YMCA CCRR Program News

Exciting changes are coming to our Coquitlam office! We've moved things around up front, and we now have an area for child care providers, the child care workforce, and families to come see our early learning library resources in action! Need ideas as to how to best utilize our early learning resources? Need curricula and provocation inspiration? This will be a regularly refreshed space, and we invite you to come check it out!

Our summer has been busy here at the YMCA CCRR! At selected outdoor parks in the communities of Burnaby, Coquitlam, and New Westminster we've been offering free programming for children aged 0-6. Join us for stories, activities, circle time, and more! For further details, please see the following poster for your local community: Burnaby — Maywood Park | Coquitlam — Glen Park | Coquitlam — Cottonwood Park | New Westminster — Queen's Park.

If you need ideas to help inspire program planning or activities with the young children in your care, our <u>Summer 2024 Seasonal Resource Sheet</u> is here to support you! It's full of prompts for reflection, ideas to consider in your early learning practices, ways to rethink your environments, and questions to help further your practice. Give it a read! We hope you find it helpful.

YMCA CCRR Program Features

Did you know that we have a <u>Program Guide</u> of all the services the YMCA CCRR has offer to child care providers, the child care workforce, and families? If not, you should check it out! Our program guide is an excellent place to familiarize yourself with our locations, our staff, and all the ways we are here to help support you in helping raise happy, healthy kids.

Are you looking for child care? If you haven't yet, fill out our Find a Child Care Provider Form. Once we receive your information, we'll give you a call and process a child care referral on your behalf. If you have a child care referral from us already and are struggling to find a space, let us know! We can send you an additional referral if need be that has expanded options. Additionally, you may find our Parent Information Package helpful in your child care finding endeavors. Give it a read!

Have you ever been curious about loose parts but you're not sure where to start? If so, our <u>Loose Parts – Ideas and Inspirations</u> handout may be helpful to you! Loose parts in itself serve as a fantastic vehicle for play, self expression, and creativity. We've got loose parts aplenty for you to borrow in all three of our office locations, too! Come visit us.:)

Community Events

<u>Summer Concert Series</u> – Aug 2nd and 16th, 7-9pm, Town Centre Park.

<u>August Summer Craft Mornings</u> -Sundays in August, 11am-12pm, Coquitlam Heritage at Mackin House.



New Westminster's Summer
Showcase Activities - Varied dates
in August, all throughout New
Westminster.

Edmonds City Fair – Aug 17th, 11am-3pm, Edmonds Community Centre.



<u>Car Free Day</u> – Aug 18th, 12-5pm, St. Johns Street (Port Moody).

Willingdon Community Fair & Movie Night - Aug 28th, 5-10pm, Willingdon Community Centre.

Family Resources

See the below for drop-in programs to attend during the day with children that are aged 0-5.

- Burnaby
- New Westminster
- Tri-Cities

Please note that YMCA CCRR's Bettie Allard family drop-in program will be closed over the summer. Additionally, due to unexpected construction work taking place at James Park Annex, our Circle of Friends family resource program will be closed during July and August. Programming at both these locations will resume in September of 2024. Thank you for your understanding.

Child Care News

The latest <u>ChildCareBC Bulletin</u> brings our attention to:

- Reminder: ChildCareBC New Spaces Fund is open until August 2, 2024
- · New Provincial Child Care Council chair
- July 21-27 is National Drowning Prevention Week
- Nurturing Play and Beyond: Middle Years Child Care Fundamentals Principles and Practices
- Reminder: Emergency Management Resource package for child care facilities and school districts

BC Gov News - Inclusivity, transparency improved for child care: The Province is reaffirming its ongoing commitment to making child care more affordable, inclusive and culturally safe through the Early Learning and Child Care Act. The Province will bring this act into force on Sept. 1, 2024, to replace and improve on the existing Child Care BC Act and Child Care Subsidy Act. The Early Learning and Child Care Act will expand the purpose for which a child care grant may be paid, such as: establishing a child care facility; improving the inclusivity in child care for children with support needs; and facilitating the design and delivery of Indigenous child care programs. This will help improve access to child care for families.

Articles of Interest

CBC - New daycare pushes for regulatory review to allow more time outside: A new daycare in Kanata that's exploring the benefits of outdoor play is pushing for looser regulations around the amount of time children can spend outside.

The Forest Explorers Outdoor Learning Centre officially launched on Monday. It's part of a five-year initiative called the Canadian Centre for Outdoor Play and will serve as a demonstration site for outdoor play practice, research and policy.

Fraser Health - <u>Sun and heat safety</u>: Our health region has moderate temperatures for most of the year. However, as the climate warms in the summer, extreme heat can cause health impacts, particularly early in the season, resulting in heat-related illnesses such as heat exhaustion and heat stroke, worsening pre-existing health conditions. In extreme situations, this can lead to permanent disability or death.

Canadian Centre for Policy Alternatives - <u>Beyond Recovery: The pandemic's heavy toll on women in Canada:</u> "... For a brief moment, they were lauded as sheroes. And then, as the pandemic dragged on, showing no mercy, women faded into the background—doing invisible work for low pay and at high risk of getting sick as the economy gradually re-opened, federal government income supports dried up, and duty called. ... "



YMCA CCRR Services ... We are here to help!

Families

- Child Care Information and Referrals, including community referrals.
- Knowledge of ChildCareBC initiatives to help lessen the cost of child care (Child Care Fee Reduction Initiative) and support with the application process (Affordable Child Care Benefit).
- Workshops, drop-in programs and family programming to help assist you in your parenting journey.
- Early learning library resources for borrowing to help foster your child's development through play.

Child Care Providers and Child Care Workforce

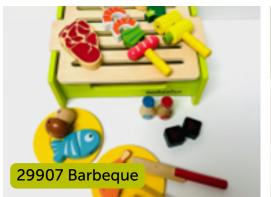
- Information on becoming a Licensed Child Care Provider.
- Application assistance for ChildCareBC initiatives, i.e., Start Up Grant Funding, Wage Enhancement, Child Care Fee Reduction Initiative., etc.
- Workshops and courses to help nourish your early learning practices.
- Community referrals to help strengthen your child care programs.
- Professional networking opportunities to help widen your child care community.
- Early learning library resources for borrowing to help supplement your curricula and early learning provocations.

Early Learning Library Corner .. Family, friends and food!

Summer is all about family, friends and food! Food to share at picnics or BBQ's, maybe salmon or smore's around a campfire, or feasting from one of the many food trucks around our parks! Summer means family visiting from near or far, or maybe traveling to visit them by sea or car! Our lending library has many options to choose from that can inspire your child's imagination.



Traditional, Indigenous method of cooking Salmon.













Library Resources

Have you ever been to our Early Learning Resource Library? If not, go see our library video tour on YouTube, found here!

Interested in borrowing? Or need to renew your account? See our <u>Lending Library Agreement Form!</u>

Would you like to place holds on particular resources of our's that catch your eye? If so, use our <u>Early Learning Library Portal</u>.

Pictures more your style? View images of all the early learning resources we have available to borrow by viewing our DropBox Catalogue!



Social Media & YMCA CCRR Early Learning Library

On our social media platforms, we frequently showcase resources through our Exploring Materials series. Moreover, our Virtual Story Times highlight our resources in use, complete with song suggestions. Follow us to explore these offerings!





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