

# Child, Youth & Family Program Descriptions

<p><b>Family Playtime</b> Drop-in All ages</p>	<p>Enjoy time with your children or grandchildren and meet other parents! YMCA Family Playtime is a great opportunity to drop in with your children and spend some quality time playing interactive activities, competing at simple sports, building block towers, doing puzzles, and reading books. <i>Parent participation required.</i></p>
<p><b>Family Fun</b> Drop-in All ages</p>	<p>Need some quality time with family or friends? Drop in to family fun to play some board games or tumble around on an obstacle course together. <i>Parent participation required.</i></p>
<p><b>Tea &amp; Tumble Time</b> Drop-in 0-3 yrs</p>	<p>Moms and dads, bring your little one for some tumble time while you sip on some tea and connect with other parents. Please bring a travel mug so we can keep the hot tea enclosed and our little ones safe. <i>Parent participation required.</i></p>
<p><b>Baby Bear Time</b> Drop-in 0-2 yrs</p>	<p>Moms and dads, come in with you baby for this social bonding activity. Enjoy bouncing, singing, dancing and rhyming with stories! <i>Parent participation required.</i></p>
<p><b>Y Play</b> Pre-registration required 12 wks – 5 yrs</p>	<p>Take care of yourself. Let our trained staff take care of your children while you take a class, go for a swim, or meet other parents in our center of community. In Y Play, children can play with toys, learn to get along with other children, and engage in fun activities appropriate for their ages and stages.</p>
<p><b>Creative Play</b> Pre-registration required 3 – 5 yrs</p>	<p>Kids get creative and participate in a variety of activities that help them develop fine motor skills, creative problem-solving skills, imagination, physical literacy, and social interaction skills. Activities include puzzle games, cooperative games, catching, throwing, balancing, circle time, creative movement, and much more!</p>
<p><b>Multi-Sports</b> Drop-in 6 – 12 yrs</p>	<p>Kids make friends, have fun, and learn the value of fair play through basic sports in YMCA Multi-Sports. Kids will run, jump, shoot, and pass while playing a variety of sports related games.</p>
<p><b>Games Galore</b> Drop-in 6 – 12 yrs</p>	<p>It's Games Galore! Through a variety of fun and educational games children develop their creativity, problem-solving, mind-body coordination, cooperation and other skills. May include active games, board games, card games, and more!</p>
<p><b>Teen Sports</b> Drop-in 10 – 15 yrs</p>	<p>Teens aged 10-15 can bring their friends and play basketball or soccer after school and on the weekend in the gym!</p>