



Aquatics Schedule
CheamLeisureCentre.ca

Cheam Leisure Centre
September 7th -December 22nd

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Hot Tub & Sauna	6:00am-9:30pm	6:00am-9:30pm	6:00am-9:30pm	6:00am-9:30pm	6:00am-9:30pm	7:00am-6:00pm	7:30am-11:30am 2:30pm-8:30pm
Blended Aquafit		7:00pm-8:00pm	8:30am-9:30am	8:30am-9:30am	8:30am-9:30am		
Lane Swim	6:00am-9:30am <i>6 lanes available</i>	6:00am-9:30am <i>6 lanes available</i>	6:00am-8:25am <i>6 lanes available</i>	6:00am-8:25am <i>6 lanes available</i>	6:00am-8:25am <i>3 lanes available</i>	7:00am-1:00pm <i>6 lanes available</i>	11:30am-2:30pm <i>3 lanes available</i>
Leisure & Lane Swim	12:30pm-4:00pm <i>3 lanes available</i>	09:30am-12:30pm <i>3 lane available</i>	12:30pm-4:00pm <i>3 lanes available</i>	9:30am-12:30pm <i>3 lane available</i>	12:30am-4:00pm <i>3 lanes available</i>		
	4:00pm-9:30pm <i>1 lane available</i>	2:00pm-4:00pm <i>3 lane available</i>	4:00pm-9:30pm <i>1 lane available</i>	2:00pm-4:00pm <i>3 lane available</i>	4:00pm-6:30pm <i>2 lane available</i>		
Public Swim & Diving Board	9:30am-12:30pm <i>1 lane available</i>	8:00pm-8:30pm <i>1 lane available</i>	9:30am-12:30pm <i>1 lane available</i>	7:00pm-8:30pm <i>1 lane available</i>	9:30am-12:30pm <i>1 lane available</i>	1:00pm-6:00pm <i>1 lane available</i>	2:30pm-4:30pm <i>1 lane available</i>
					6:30-8:30pm <i>1 lane available</i>		
Leisure Swim	6:00am-9:30pm	6:00am-9:30pm	6:00am-9:30pm	6:00am-9:30pm	6:00am-9:30pm	7:00am-6:00pm	2:30am-8:30pm
Physio Swim		12:30pm-2:00pm		12:30pm-2:00pm			
Diving Board		8:00pm-9:30pm		7:00pm-9:30pm	6:30pm-9:30pm		2:30pm-4:30pm
Swimming Lessons	10:00am-12:30pm	4:00pm-7:00pm	10:00am-12:30pm	4:00pm-7:30pm			11:30am-2:30pm

Main Pool: A six-lane, 25 metre pool. Also includes the hot tub, and the sauna
Leisure Pool: A shallow, family-friendly section of the pool. Also includes the lazy river, hot tub, and the sauna
Public Swim: Main pool, Leisure pool, Hot tub & Sauna.
Lane Swim: A time where the main pool is dedicated to lane swim and all six lanes are available.
 While everyone is welcome during this time, we ask that those who attend quiet swim are mindful of their noise and activities during this time.

Important Dates
 Please note that the schedule is subject to change.
Pro-D Days:
 27 September, 18 October, 25 October, 1 November, 8 November
 Schedule may differ for Professional Development Days
Statutory Holidays:
 2 September, 30 September, 14 October, 11 November
 Schedule may differ for Statutory Holidays
 Please contact (604)-824-0231 at ext. 1 for any schedule inquiries.

