



Fall 2024

YMCA Child Care
Resource & Referral



scan to register!

Professional Development

Important Workshop Policies and Information

Registration Policies and Procedures

- Register online via myymca.ca or by phoning either 604-931-3400 or 604-294-1109.
- Payment options include American Express, MasterCard, Visa or Debit.
- Refunds will only be given to registrants who provide a minimum of 5 working days notice and are subject to a \$5.00 administration fee per workshop.
- Workshops may be cancelled due to insufficient enrollment and other factors outside of our control. In the event of cancellation, a full refund will be issued.

In Person Courses/Workshops Policies

- Workshops start promptly at the time indicated.
- Late arrivals will not be permitted 15 minutes after the start time.
- Participants leaving early will have their certificates adjusted.
- If you are feeling unwell or exhibiting flu like symptoms, please do not attend and risk infecting others.
- We cannot guarantee a scent-free environment.
- We are unable to accommodate children during courses, workshops, or networking events.

Online Courses/Workshops Policies

- Workshops start promptly at the time indicated and will be held on Zoom or MS Teams.
- It is recommended to use a laptop or computer.
- Late arrivals will not be admitted 15 minutes after the start time.
- Participants leaving early will have their certificates adjusted.
- Cameras need to be on and participants need to be in view for the entire duration of the course/workshop to receive a certificate of completion.
- Refunds will not be given due to technical difficulties with your equipment.

Workshop Locations

Burnaby CCRR

4460 Beresford St., Burnaby
ygv.crr@bc.ymca.ca • 604-294-1109

Coquitlam CCRR

1130 C Austin Ave., Coquitlam
ygv.crr@bc.ymca.ca • 604-931-3400

New Westminister CCRR

10 - 620 Royal Ave., New Westminister
ygv.crr@bc.ymca.ca • 604-931-3400

Century House

620 8th St, New Westminister, BC

Online

Zoom or MS Teams

The YMCA CCRR acknowledges the City of Burnaby for its support.

The YMCA Child Care Resource and Referral provides certificates of completion for all courses and workshops. When claiming a workshop or course for training hours it is the responsibility of the participant to check with the ECE Registry or Community Care Licensing.

Responsible Adult

20 Hour Child Care Training Course



This course meets the requirements of 20 hours training to become a “Responsible Adult” as stipulated by Child Care Licensing Regulations. The content covers child development, guiding behaviour, health, safety, nutrition and programming. The course is live and interactive, so participants must have video and audio capabilities, as well as participate and attend all sessions in order to receive the certification at the end of the course.

To sign up for this course participants must:

- Be 19 years of age
- Have minimum Grade 8 English written and oral skills
- Attend all scheduled sessions

Once the training is complete, participants are eligible to work as a Responsible Adult in:

- School-age Child Care Programs
- Licensed Family Child Care
- As additional support or substitute in Licensed Preschool and Licensed Child Care Programs
- Summer Camps

Dates: Mondays to Fridays, November 18th-29th, 2024

Time: 10:00AM - 12:00PM

Location: Online via MS Teams

Cost: \$20

Presenter: Danielle Schmuecker

Danielle Schmuecker has been an Early childhood educator for over ten years and has her ECE IT/SNE. She lives in Mackenzie BC and is passionate about sharing her learning and curiosity with others. Danielle has two school aged children and a Pomeranian named Milo.

NETWORKING: COQUITLAM CCRR OPEN HOUSE

Saturday, September 14th, 2024 • 9:30AM-12:30PM (drop by anytime during these hours!) • Coquitlam CCRR • 1130C Austin Avenue • Fee: FREE! • Suitable for child care providers, child care workforce, and families.

Come visit our Tri Cities location and learn about the different areas in our office and the services we can provide for you. Check out the Vendor Market that will be set up in our workshop space. There will be refreshments and time to chat with our staff and network with other child care providers. We look forward to welcoming you all to our office to look around and meet our amazing staff! Drop by ANYTIME between 9:30am to 12:30pm. Story times will be held at 10:30AM and 11:30AM. Call 604-931-3400 or 604-294-1109 to register.

Light refreshments will be served.

Every participant will receive a gift (while quantities last).



NETWORKING: NEW WESTMINSTER CCRR OPEN HOUSE

Tuesday, September 24th, 2024 • 4:00-7:00PM (drop by anytime during these hours!) • New Westminster CCRR • 620 Royal Avenue • Fee: FREE! • Suitable for child care providers, child care workforce, and families.

Join the CCRR Team at our satellite location in our New Westminster office. Enjoy networking with other childcare providers and CCRR staff while learning about the services we offer. Kinderbooks will be onsite with a Pop-Up shop. Drop by ANYTIME between 4-7pm. Story time will be held at 5:30PM. Call 604-931-3400 or 604-294-1109 to register.

Light refreshments will be served.

Every participant will receive a gift (while quantities last).

NETWORKING: BURNABY CCRR OPEN HOUSE

Saturday, October 5th, 2024 • 9:30AM-12:30PM (drop by anytime during these hours!) • Burnaby CCRR • 4460 Beresford Street, 3rd floor • Fee: FREE! • Suitable for child care providers, child care workforce, and families.

Join the CCRR Team at our Burnaby CCRR location. This is a wonderful opportunity to network with other child care providers, parents, and CCRR staff-all while learning about the many services we provide. An exciting vendor market will be on site to explore. Drop by ANYTIME between 9:30am-12:30pm. Music and movement activities will be held from 10:30AM to 11:30AM. Call 604-931-3400 or 604-294-1109 to register.

Families are welcome to attend!
Light refreshments will be served.
Every participant will receive a gift
(while quantities last).



YOU'RE NOT THE BOSS OF ME: UNDERSTANDING DEFIANT BEHAVIOUR AND CULTIVATING COOPERATION

Join us 8:30-9:00AM for
light refreshments!

Saturday, October 5th, 2024 • 9:00AM-1:30PM (30 min. lunch break) • Coquitlam CCRR • 1130C Austin Avenue • Fee: \$20.00 • Suitable for child care providers, child care workforce, and parents.

You're Not the Boss of Me: Understanding Defiant Behaviour and Cultivating Cooperation - A common dynamic that is often frustrating to parents, teachers and caregivers and potentially erodes the adult/child relationship is when a child balks and defies us. It can be as subtle as ignoring our requests or as blatant as telling us "You're not the boss of me!" When we ask them to clean up, get ready for a transition, come to the table, be kind to their peers, hurry up...we may be met with a "No!" or they may in fact do the opposite. Developmental psychologist, Dr. Gordon Neufeld describes this oppositional behaviour as counterwill. Although the reaction is quite normal and even healthy in certain circumstances, its manifestations and impact can be highly disruptive, making life difficult for parents and teachers. Colleen will discuss the meaning of this deep-rooted instinct and the dynamics that control its existence and expression. She will provide strategies to help adults reduce the effects of oppositional behaviour and deepen attachment and cooperation with children.

Softening the Defenses: Helping children face vulnerability and gain resilience - For a child to develop emotionally and to mature, it is essential for a child's heart to remain soft, for emotions to be felt and expressed, and for tears of futility to be. For anyone raising or caring for a child who is very sensitive or is stuck, softening the defenses the brain has erected for protection can be a daunting task that sometimes seems almost impossible. This presentation will focus on ways we can soften a child's heart so that the tears can be restored, lowering frustration and anxiety and cultivating resilience. As a therapist and parent, Colleen will share theories and practical strategies of how to restore the ability for a child to feel, attend, grieve and attach.

Presenter: Colleen Drobot

Colleen Drobot is a registered professional counsellor with a private practice. She provides therapy for adults and also offers parent consulting using a developmental, attachment-based approach. She also works with school districts and other professionals to help make sense of children and adolescents. She is an educator with over 20 years of experience working with children in the regular classroom or in special needs settings. She is an adjunct faculty member of the Neufeld Institute.



COMMUNITY OF PRACTICE: IN THE WORLD OF FANTASY PLAY

Coquitlam CCRR • 1130C Austin Avenue • Fee: \$10.00 • Suitable for child care providers and child care workforce.

In this Community of Practice, we will immerse ourselves in the insights offered by Vivian Paley, a renowned pioneer in early childhood education, through her book "A Child's Work: The Importance of Fantasy Play". Paley drew on her experiences as a kindergarten teacher to examine the role of fantasy and storytelling in children's development. She deemed the value of play as a tool for children to make sense of the world, express themselves, and develop important social skills.

- Dates & Times
- Wednesday, Oct. 9th: 7:00-9:00PM
 - Wednesday, Oct. 30th: 7:00-9:00PM
 - Wednesday, Nov. 13th: 7:00-9:00PM
 - Wednesday, Dec. 18th: 7:00-9:00PM
 - Saturday, Jan. 18th: 9:30-11:30AM
 - Wednesday, Jan. 29th: 7:00-9:00PM

12 hours of professional development!

Participants are to attend all sessions.

Refreshments will be served at each session.

In every session, the hope is to recognize the benefits of imaginative or dramatic play and to advocate for an environment that nurtures and supports children's natural inclination towards storytelling and imagination.

Presenter: Connie Gauthier (CCRR Consultant)

Connie is currently working as a consultant for YMCA Childcare Resource and Referral. She is an Early Childhood Educator with her Infant Toddler certificate and spent many years working in and supervising Infant Toddler programs in the Lower Mainland. She enjoys creating and maintaining engaging and fun resources for our YMCA CCRR Lending Library. Connie is passionate about supporting families and childcare providers to find and provide quality childcare programs within the community.

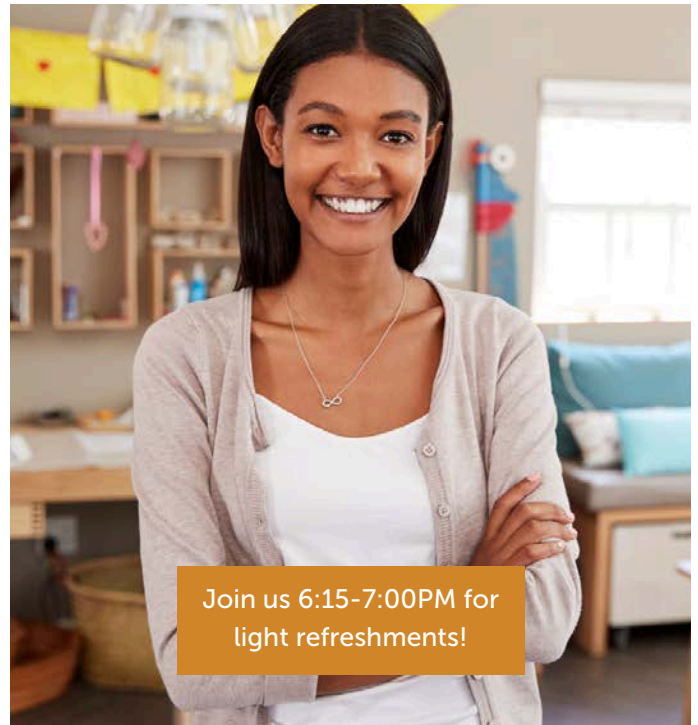
COMPLAINTS & REPORTABLE INCIDENTS: HOW TO TAKE A LEADERSHIP ROLE IN RESPONDING TO ALL COMPLAINTS AND REPORTABLE INCIDENTS

Wednesday, October 16th, 2024 • 7:00-9:00PM • Coquitlam CCRR • 1130C Austin Avenue • Fee: \$5.00 • Suitable for child care providers and child care workforce.

Coaching Leaders aims to empower early childhood program leaders in gaining confidence with their skillsets, improving the quality of their programs, and supporting positive relationships with families and staff. This workshop will cover two modules taken from the program: Complaints & Reportable Incidents - Why and how we report and their importance.

Presenters: Lauri Victoria and Samantha Valera (Fraser Health Child Care Licensing Officers)

Created and delivered by Licensing Officers.



Join us 6:15-7:00PM for light refreshments!



FREE WORKSHOP!

Join us 9:30-10:00AM for
light refreshments!


S.U.C.C.E.S.S.

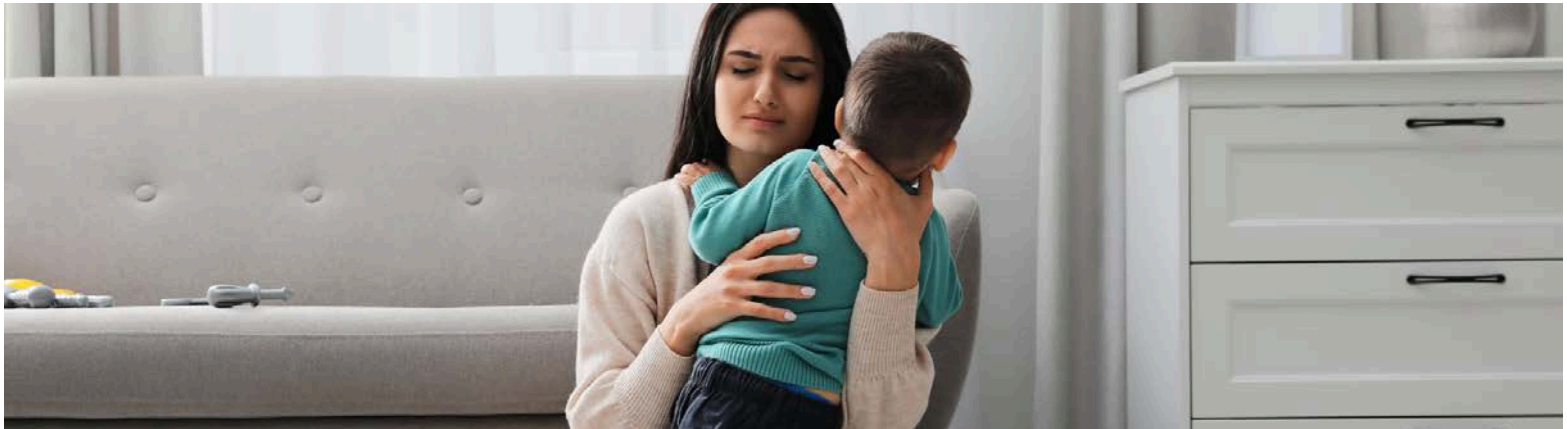
EXPRESSIVE ART SELF CARE

Saturday, October 19th, 2024 • 10:00-11:30AM •
Coquitlam CCRR • 1130C Austin Avenue • Fee:
FREE! • Suitable for child care providers and child
care workforce.

This workshop will explore the theme of self-care using both visual art and creative writing. It will be an interactive workshop that encourages sharing and learning from each other's insights and wisdom. Participants will be given the opportunity to engage with art materials and the creative writing process to witness first-hand how this process has the potential to connect with and nurture care for self, as well as build connections and bridges to others as we encounter our shared humanity through the creative process.

Presenter: Johanna Suttor-Doerksen

Johanna Suttor-Doerksen (she/her) is a Certified Expressive Arts Therapist and Registered Therapeutic Counsellor. In her private practice she enjoys creating a safe space for people to encounter and connect with themselves using art, creative writing, play, movement, and imagination. In addition, she holds a BA in Conflict Resolution Studies and has over 12 years of experience working in the non-profit sector with a focus on Community Development, Restorative Justice, Housing Advocacy and Management.



SUPPORTING CHILDREN WITH ANXIETY

Thursday, October 24th, 2024 • 7:00-9:00PM • Online via Zoom • Fee: \$10.00 • Suitable for child care providers, child care workforce, and parents.

Everyone experiences anxiety at one time or another. At what point does it become a concern? How can we tell when children are feeling anxious? How do we know when to create safety and comfort? When do we encourage children to bravely face their fears? This workshop will explore these questions and how anxiety effects our brains and bodies. Learn tips and strategies for supporting children with anxiety that can also be applied to ourselves.

Presenter: Carrie Liske

Carrie Liske is an Art Therapist and Registered Clinical Counsellor working in private practice in Nanaimo. She is passionate about engaging the creative process to support children and their families struggling with anxiety and other challenges. Carrie also spent several years working in childcare prior to her counselling career. She is the proud mother of three school aged children.

MAKING IT FUN: ENGAGING ACTIVITIES FOR CHILDREN



This workshop looks at how to infuse more fun and engaging activities for children in child-care settings. Having fun with children builds safe and caring relationships, helps address challenging behaviours, and provides positive experiences. Join us as we share ideas and successes that can help you in your work supporting children.

Tuesday, October 22nd, 2024 • 6:30-8:30PM

Century House • 620 8th Street, New Westminster

Fee: \$5.00 • Join us 6:00-6:30PM for light refreshments!

Suitable for child care providers and child care workforce.



Cris Janicas has been a teacher with the Vancouver School Board since 2012. He is currently a District Resource Teacher focused on collaborating with schools to support students with challenging behaviours. He earned his Bachelor of Education from SFU and completed recent graduate programs focused on arts and health & physical education. He has been married for 14 years and has two sons.

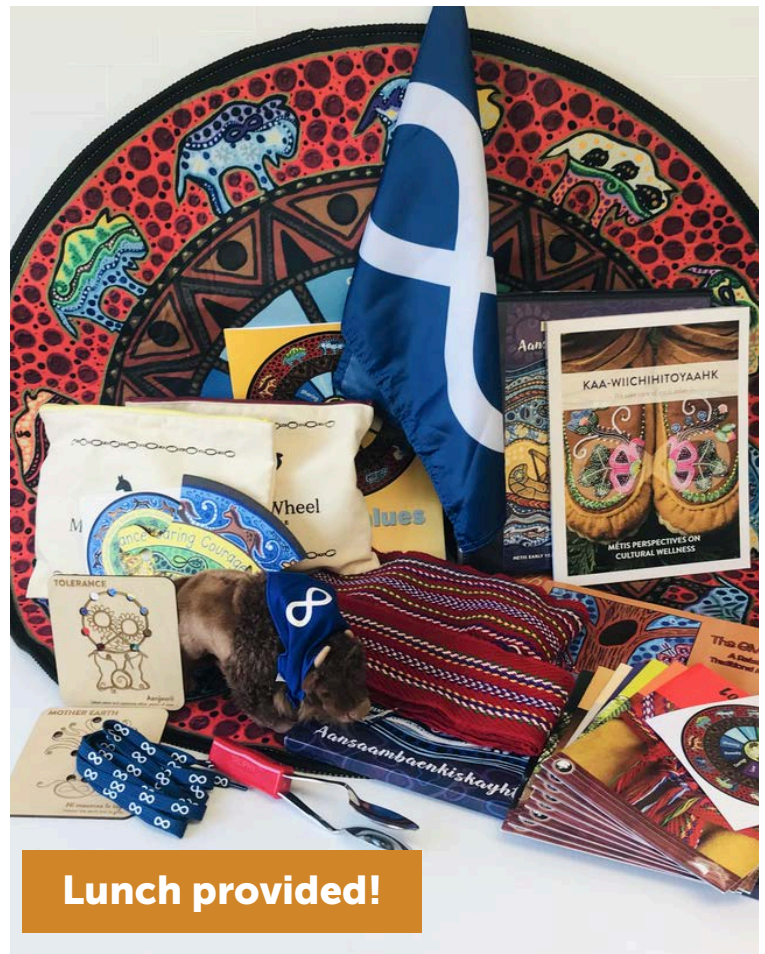
LEARNING TOGETHER SERIES: METIS NATIONS

Saturday, October 26th, 2024 • 8:30AM-3:00PM (30 min. lunch break) • Coquitlam CCRR • 1130C Austin Avenue • Fee: \$5.00 • Suitable for child care providers, child care workforce and parents.

Learning Together Series Metis Nations “Aansaamb aen kiskayhtaamaahk –Learning Together” (Heritage Michif, translated by Norman Fleury) is a professional learning guide, resource kit and three professional development workshops intended to support early learning and child care professionals to integrate Métis content in early years programming. The three workshops provide additional opportunities to support incorporating Métis specific teachings within early learning programming, promoting learning environments in which Métis culture is recognized and celebrated. We will combine all 3 sessions together in this workshop with a 6 hour professional Development certificate.

Presenter: Violeta Savic

Violeta Savic is the Child Care Coordinator for Metis in Fraser Valley and Lower Mainland. She has been working in the Early Childhood Education (ECE) field for nearly 25 years. Her experience working at MNBC/Ministry of Education has been invaluable in shaping her passion for indigenous culture and her commitment to working with indigenous families while engaging with the community.



Lunch provided!

Learning Together Kits - MNBC Ministry of Education.
Available to borrow from our Early Learning Library.

LEADING SELF WITH EMOTIONAL INTELLIGENCE & CONFLICT RESOLUTION

Join us 8:30-9:00AM for
light refreshments!

Saturday, November 2nd, 2024 • 9:00AM-1:30PM (30 min. lunch break) • Coquitlam CCRR • 1130C Austin Avenue • Fee: \$20.00 • Suitable for child care providers and child care workforce.

Leading Self with Emotional Intelligence: Self-Leadership means knowing who you are, what you are capable of and how you can best manage emotions when working with others. Old habits die hard – understanding who you are leads to a stronger ability to create new and empowering habits. This workshop opens the doors to self-awareness by uncovering how our life events inform who we are today. It provides participants a courageous look into what might be stopping them in adopting and sustaining new behaviours, then provides strategies for overcoming those barriers.

Conflict Resolution: Workplace conflict can be defined as any situation where multiple parties have opposing needs and may range from everyday issues between people that have good relations to more serious situations involving significant interpersonal tension. Regardless of the conflict, a skilled communicator will seek to resolve it in a way that maximizes both the substantive outcome and the relationship. Fortunately, conflict resolution skills can be readily learned by most people, and the tools can be used effectively even when the other party has no specific conflict resolution skills. This program focuses intensively on skills practice, so that participants build a high level of confidence in the tools they learn before leaving the room.

Presenter: Helen Schneiderman

Helen has over 20 years' experience as an Organizational Development and Human Resources professional, working as both a consultant and within industry. Helen's expertise includes training and facilitation, people and leadership development, employee engagement, diversity and inclusion, performance management, competency development, career development, recognition and onboarding.

DOWN TO SIGN: THE BENEFITS OF USING SIGN LANGUAGE

Thursday, November 7th, 2024 • 7:00-9:00PM • Online via Zoom • Fee: \$10.00 • Suitable for child care providers, child care workforce, and parents.

This introductory workshop is intended for individuals who live or work with children who are developing their language. Participants will gain an understanding of communication development, how and why we communicate, and debunk common myths and facts about using sign language. Participants will get the opportunity to learn about early communication strategies, including the benefits of using sign language to enhance their interactions and promote communication development. Participants will get the opportunity to learn some keyword vocabulary in American Sign Language (ASL), discuss meaningful ways to integrate it into their day and learn about sign language resources available to them, including continuing their knowledge of ASL from Deaf and Hard of Hearing instructors.

Presenter: Liv Meriano

Liv completed her Master of Science in Speech-Language Pathology, with a minor in Audiology at the University of British Columbia. She has a strong passion for working with students with developmental disabilities, being neurodivergent herself, and providing communication access. Professionally, Liv uses sign language with the students she works with at Down Syndrome Research Foundation and personally with her Deaf family.



AMAZING ME & BUBBLE & FIZZ

Saturday, November 16th, 2024 • 9:30AM-12:45PM (15 min. break) • Coquitlam CCRR • 1130C Austin Avenue • Fee: \$15.00 • Suitable for child care providers and child care workforce.

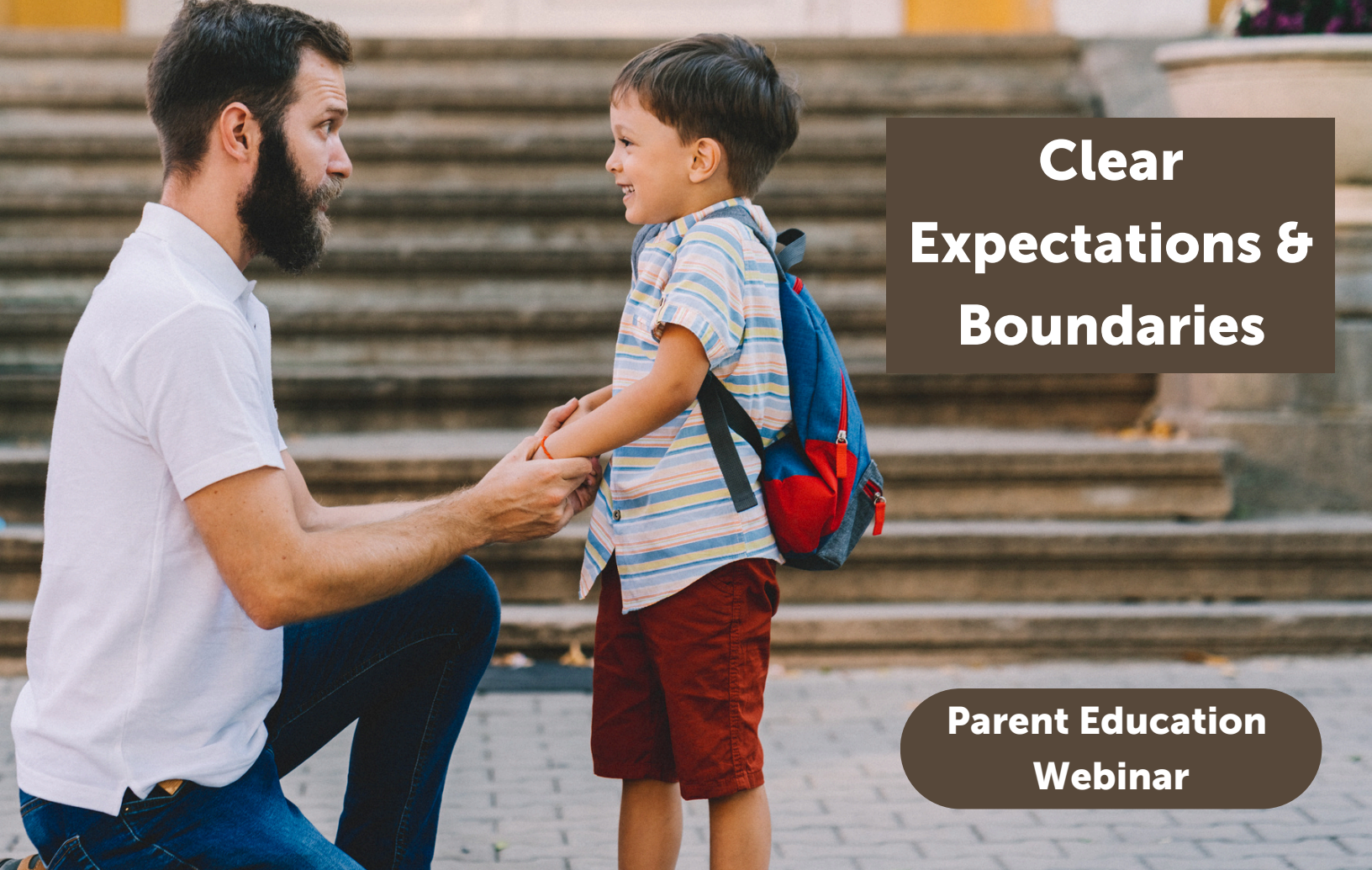
Join us 9:00-9:30AM for light refreshments!

Amazing Me (Human Body): In this workshop you'll try out activities for young learners that explore what their bodies can do, inside and out. Investigate balance, ponder the function of bones, check out your fingerprints, all while considering what makes you unique.

Bubble & Fizz (Soap Bubbles & Kitchen Chemistry): We'll make a (clean) mess while investigating the chemistry of soap bubbles and trying out some activities that react and fizz, using safe materials you can easily find around the house.

Presenter: Sandy Eix (Science World)

Sandy Eix is the Director of STEAM Learning at Science World, who's spent the last 28 years creating fun, (sometimes messy), inquiry rich STEAM learning experiences for kids of all ages. Her now-20-year-old tested out a lot of the Big Science for Little Hands activities as a preschooler!



Clear Expectations & Boundaries

Parent Education
Webinar

Research shows that children crave structure and benefit from consistency. Clear expectations help children better understand what is going on and be able to predict the next steps which can leave them feeling more self-secure and less worried. We can provide this structure for them in any environment by teaching them **WHAT** the expectations and boundaries are. We will discuss the importance of boundaries, **HOW** to **CREATE** them and how to **SUPPORT** them in any challenging situation so that **YOU** survive and the children thrive.

Saturday, November 16th, 2024 • 10:00-11:30AM

Online via Zoom • Cost: FREE!

Everyone is welcome to attend!



Julie Romanowski is a certified, trained and licensed early childhood consultant - specializing in children's behaviour & discipline. With over 25 years of experience of working with children & families, Julie is one of the best 'Parenting experts', 'Parenting Educators' & 'Parenting Coaches' in Canada. As the founder and Executive Director of Miss Behaviour: Parenting Coach & Consultant Services, Julie has shared her knowledge and expertise internationally on various news & media stations.

LIGHT, SHADOWS & MATERIALS WITH REGGIO EMILIA INSPIRATION

Wednesday, November 20th, 7:00-9:00PM & Saturday, November 30th, 9:00AM-1:30PM (30 min. lunch break) • Coquitlam CCRR • 1130C Austin Avenue • Fee: \$30.00 • Suitable for child care providers and child care workforce.

Exploring Light and Shadows with Inspiration from Reggio Emilia: This workshop is very magical and offers many suggestions and ideas on how to support educator's and children's awareness of shadows, both outside in our natural environment, as well as inside our classrooms. Light and shadows are magical to children. Come and foster your own awareness of "light" and learn new strategies on how to use light tables, shadow screens, and overhead projectors in your environments and projects. The Reggio Emilia approach values using light as a material or a language to help support relationships, active investigation, and different learning styles. This workshop will offer endless opportunities to invent, imagine, wonder, explore, and problem solve with children. This workshop is a combination of a PowerPoint presentation with a hands on group activity.

Exploring Materials with Inspiration from Reggio Emilia: Materials can be viewed as a language for expression to enhance learning and understanding in children. This workshop covers different kinds of materials, where to find them, and how to incorporate them into your curriculum. The workshop also reflects on qualities of materials, transforming materials, and how to create an attractive invitation to entice children to come and explore. We also talk about creating a mini-atelier within your classroom and how to support children in beginning to design with materials. This workshop is a combination of a PowerPoint presentation and several hands on group activities.

All participants are asked to bring 5 different materials (recycled or found) in individual ziploc bags. Participants will all be receiving a bag of loose parts to keep.

Presenter: Wendy Halfnights

Wendy has worked for over 15 years as an Early Childhood Educator and 16 years as an Education Assistant in local School Districts. She was nominated for the Prime Minister's Award for Excellence in Early Childhood Education. Wendy is extremely passionate about the Reggio Emilia Approach, with many years of experience as a practicum supervisor and mentor in assisting others in implementing this approach. Come and enjoy an exciting opportunity to explore how to create inspiring spaces.

Join us 6:15-7pm on Wednesday and 8:30-9:00am on Saturday for light refreshments!

Two part workshop, participants will need to be available for both days.



PSYCHOLOGICAL SAFETY & WELLNESS IN THE WORKPLACE

Thursday, November 21st, 2024 • 7:00-9:00PM • Online via Zoom • Fee: \$10.00 • Suitable for child care providers and child care workforce.

Psychological safety involves integrating behavioural health, education, and trauma-informed approaches. This workshop focuses on building and creating psychological safety within groups/teams and workplaces. Understanding how our personal, team and organizational performance impact our psychological safety is explored to help learners discover healthy habits to establish and sustain psychological wellness and safety for themselves and others.

Presenter: Carolyn Sinclair

For more than 23 years Carolyn has been an instructor with the Justice Institute teaching in the Emergency Management Division as well as the Centre for Counselling and Community Safety. Her professional commitment is to ensuring leaders and frontline workers have the courage and tools to maintain psychologically and culturally safe and healthy workplaces.



Join us 9:00-9:30AM for light refreshments!

(RE)DESIGNING YOUR CHILD CARE ENVIRONMENT

Saturday, November 23rd, 2024 • 9:30AM-2:00PM (30 min. lunch break) • Coquitlam CCRR • 1130C Austin Avenue • Fee: \$20.00 • Suitable for child care providers and child care workforce.

(Re)Designing your child care environment – the why, the how, and the why not. This workshop will invite educators to use their imagination and funds of knowledge to (re)design their ECCE environments. Annabella will share pivotal learning environment features by considering the complexity of factors that contribute to children’s health, safety, and creative opportunities, without provoking sensorial overloads. She will share her own story of learning and how a horse chestnut shook her pedagogy. The workshop will be structured around the six themes of an “unswaddling pedagogy”: openness, trust, relationship, movement, identity, and affect.

Presenter: Dr. Annabella Cant

Dr. Annabella Cant is a professor in Early Childhood Education at Capilano University and the Convenor of the Centre for Research and Childhood Studies. Annabella was recently nominated by her university for the BCTLC West Coast Teaching Excellence Award. She has previously received the Teaching Excellence Award from Capilano University. Annabella is a member of the Academic Council of the Centre for Imagination in Research, Culture, and Education.



Light refreshments will be provided.
A one-hour professional development certificate will be issued.

NETWORKING: INCLUSION CONNECT AND CHAT

Tuesday, November 26th, 2024 • 6:30-8:00PM • New Westminster CCRR • 620 Royal Avenue • Fee: \$5.00 • Suitable for child care providers and child care workforce

Join us for a conversation about inclusive practices in our work with children. A chance to connect with other childcare providers and reflect on current practices and new tools and strategies to support children and families of all abilities. Share your challenges and successes within your programs.

Resource Highlight: [Inclusive Child Care Toolkit](#) - Ministry of Education and Child Care

Presenters: CCRR Consultants



UKULELE FUN! (3 DAY COURSE)

Coquitlam CCRR • 1130C Austin Avenue • Fee: \$30.00 • Suitable for child care providers and child care workforce.

Want to add more music to your circle times but intimidated by the guitar and sick of egg shakers? Introducing the versatile, easy-to-learn and adorable ukulele! Children will be charmed by this fun instrument that you can't help but smile when you listen to it. At this 6-hour hands-on course, you will learn how to strum, basic chords to some fabulous children's songs. No musical experience required! The class will include a booklet of songs and chords to practice at home.

Free Ukulele to Take Home with You!

Presenter: Corene Brown

Corene Brown is the Programs & Youth Services Coordinator at the Port Moody Public Library and is an enthusiastic amateur ukulele player. She taught herself ukulele through a combination of hubris (how hard can this be?) and watching YouTube videos. She plays ukulele at story times, classroom visits and does a mean version of the Gilmore Girls theme song.

Dates & Times

- Wednesday, Nov. 27th, 7:00-9:00PM
- Wednesday, Dec. 11th, 7:00-9:00PM
- Wednesday, Jan. 15th, 7:00-9:00PM

6 hours of professional development!
Participants are to attend all sessions.
Refreshments will be served at 6:15-7PM
prior to each session.

NETWORKING: MULTICULTURAL SOCIAL

Thursday, December 5th, 2024 • 6:30-8:30PM • Burnaby CCRR • 4460 Beresford Street, 3rd floor • Fee: \$5.00 • Suitable for child care providers and child care workforce

You are invited to gather with other child care providers to share all our wonderfully diverse multicultural backgrounds and celebrations. Come prepared to share and discuss the value of celebrations within your program and your own traditions. Feel free to bring a nonfood "Show and Tell" item that represents your culture.

Presenters: CCRR Consultants

Festive refreshments will be served.

A one-hour professional development certificate will be issued.

EMERGENCY CHILD CARE FIRST AID / CPR LEVEL B

Saturday, December 7th, 2024 • 9:00AM-6:00PM (30 min. lunch break, and two 15 min. breaks) • Coquitlam CCRR • 1130C Austin Avenue

This course will include choking skills, breathing emergencies, and CPR for babies and children. It will also covers basic first aid for common injuries such as bleeding, burns, falls, fractures, poisons and some medical conditions. AED certification is also included.

Presenter: Pacific First Aid

Please bring your own lunch, wear comfortable clothing and arrive 10 minutes before the course begins.

Payment and Registration:
online at www.pacificfirstaid.ca
or by phone at 604-638-1228.



SUPPORTING NEWCOMER CHILDREN AND FAMILIES

Saturday, December 7th, 2024 • 10:00AM-12:00PM • Online Via Zoom • Fee: \$10.00 • Suitable for child care providers, child care workforce, and parents.

The immigration journey and settlement in a new country can be challenging for many children and families. In this workshop participants will be given practical steps and strategies to create Early Childhood spaces that are inclusive and welcoming of all newcomer children and families. Participants will be asked to reflect upon and consider the following:

- The journey (adversity, stress, and trauma) and the child's perspective of a new world.
- Enhancing communication to provide families with appropriate resources and avoid cultural misunderstandings.
- Using a curriculum of kindness to enhance relationships and cultural awareness

Presenter: Ana Valle Rivera

Ana is a proud mother of three, a public speaker, a consultant, and the founder of Early Years Thriving. Since 2007 Ana has worked with children and families with complex needs using inclusive and trauma-informed approaches. Ana has a background in ECE, a Bachelor's Degree in Child and Youth Care, and is completing a Master's in Professional Education in ECE.

EMBRACING GENDER DIVERSITY IN OUR SITES OF PRACTICE: WEBINAR

Thursday, December 12th, 2024 • 7:00-9:00PM • Online via Zoom • Fee: \$10.00 • Suitable for child care providers, child care workforce, and parents.

Embracing Gender Diversity in Our Sites of Practice is an interactive and engaging presentation. Elliot uses a personalized, intersectional approach to discuss the culture of gender diversity and the use of intentional language to better include gender diverse children and families. He shares a compassionate perspective through personal narratives and will offer scenarios, practical applications, and thoughtfully directed dialogue to help prepare participants to embrace disequilibrium and tension when engaging in social change.

Presenter: Elliot Wheatcroft

Elliot holds a BA in Child and Youth Care and has a background as a SN ECE with extensive experience in inclusive early childhood education. He has over 10 years of working in the field in a variety of roles and settings including as program manager for inclusive child development programs. Elliot has also spent over 12 years supporting trans and gender diverse children youth and families in various roles, including as a youth group facilitator and as a child, youth and family support worker.



NETWORKING: LET'S CREATE AND CELEBRATE

Saturday, December 14th, 2024 • 10:00AM-12:00PM • Coquitlam CCRR • 1130C Austin Avenue • Fee: \$5.00 • Suitable for child care providers and child care workforce

Join us to celebrate the winter season together. Connect with other childcare providers while making fun winter decorations, listening to festive music and enjoying refreshments. Bring the joy and fun back to your programs as you talk and reflect about all the ways you celebrate the season.

Presenters: CCRR Consultants

Festive refreshments will be served.

A one-hour professional development certificate will be issued.



TINY STEPS, GIANT LEAPS: SHAPING DEVELOPMENT IN INFANTS & TODDLERS

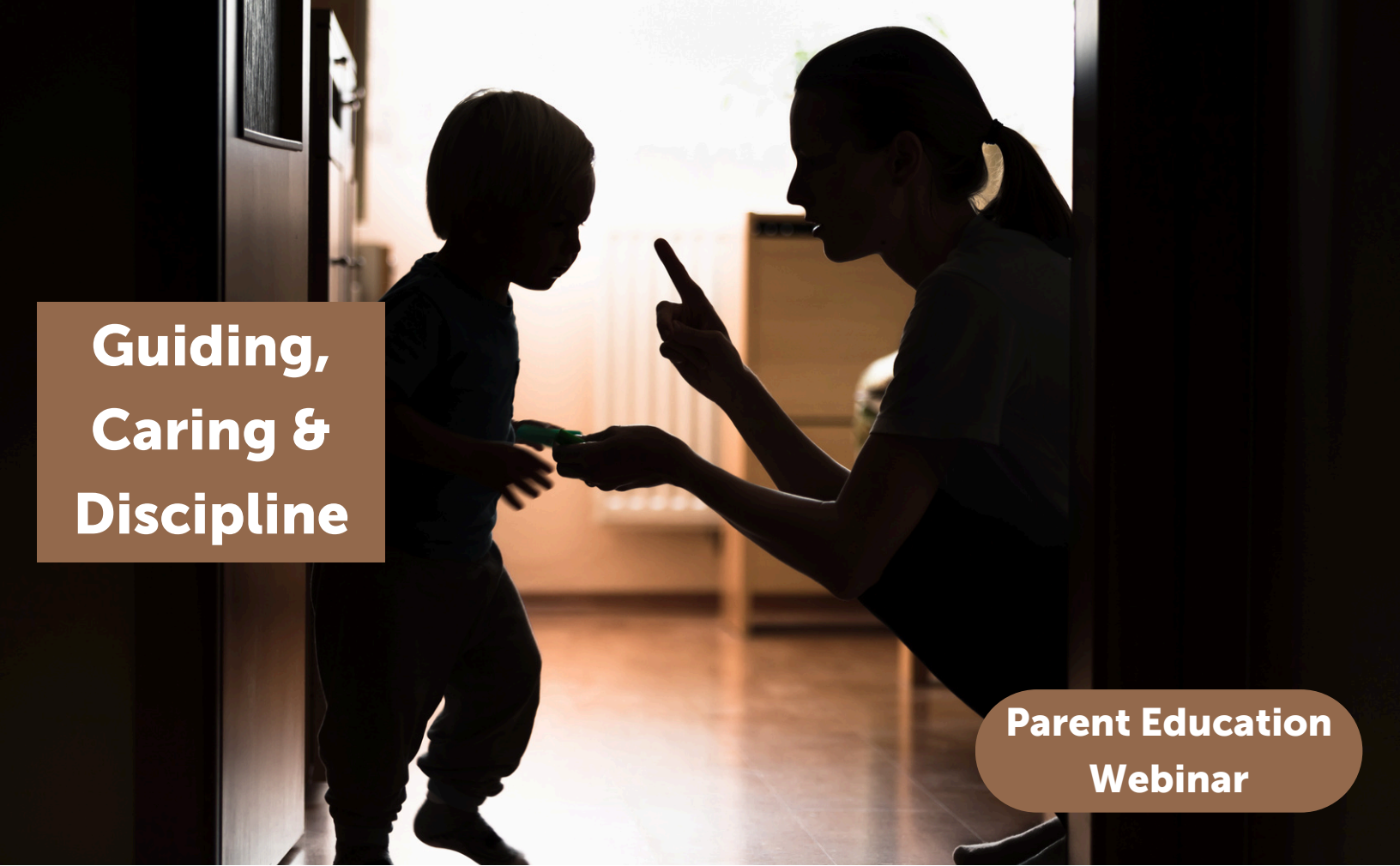
Saturday, January 18th, 2025 • 9:30AM-12:45PM (15 min. break) • Online via Zoom • Fee: \$15.00 • Suitable for child care providers, child care workforce, and parents.

This workshop promises an invigorating deep-dive into the most formative stages of human life - the first three years. The goal goes beyond sharing information; the workshop aims to spark passion, curiosity, and a renewed sense of purpose in your important role. By blending academic theories with real-world applications, participants will have an opportunity to explore the tools to foster an optimal environment for early childhood development.

Presenter: Minnie Mossop

Dr. Minnie Mossop is a specialist in infant and toddler care, deeply committed to early childhood education. She holds a Ph.D. and MA in Infant and Early Childhood Development, and an M.Ed. in Early Childhood Education. Her research covers attachment, brain development, and co-regulation, applied to group childcare settings. Currently, she is a faculty member at Douglas College, offering expert guidance to families and educators across North America through consultations and workshops.





**Guiding,
Caring &
Discipline**

**Parent Education
Webinar**

When a child causes hurt, we've got to do something but what is the most effective thing to do without making the situation worse or potentially damaging the child? Disciplining a child has become such a taboo topic these days and many people have found that the common disciplinary techniques such as timeouts, punishments and consequences don't even work anymore. We will discuss exactly **WHAT** to do, **WHEN** to do it, **WHY** and **HOW** to do it all while maintaining the connection and promoting self-regulation.

Wednesday, January 22nd, 2025 • 10:00-11:30AM

Online via Zoom • Cost: FREE!

Everyone is welcome to attend!



Julie Romanowski is a certified, trained and licensed early childhood consultant - specializing in children's behaviour & discipline. With over 25 years of experience of working with children & families, Julie is one of the best 'Parenting experts', 'Parenting Educators' & 'Parenting Coaches' in Canada. As the founder and Executive Director of Miss Behaviour: Parenting Coach & Consultant Services, Julie has shared her knowledge and expertise internationally on various news & media stations.

BEING WITH AMERICAN SIGN LANGUAGE (ASL) (3 DAY COURSE)

Coquitlam CCRR • 1130C Austin Avenue • Fee: \$50.00 • Suitable for child care providers, child care workforce, and parents.

An Imaginative Education approach to learning ASL and Introducing it to young children. This workshop series will introduce participants to ASL through the lenses of the theories of Imaginative Education and Unswaddling Pedagogy. Children learn through embodiment, their senses, emotions, rhythms, curiosity, wonder, metaphors, etc. Dr. Annabella Cant, an ASL learner herself, will introduce the language through “cognitive tools” that are very familiar to educators. She will engage the participants holistically, through song, movement, play, emotion, humour, and imagination. The participants will learn important facts about inclusion, about how to stay respectful toward the deaf community, and how to approach this new language in an ethical way.

The workshop series will also approach all the principles of the BC Early Learning Framework. So, let us enter together this wonderful world of ASL!

- Session 1: introduction, theory, history of ASL, communication to parents about learning ASL, alphabet, and numbers.
- Session 2: frequently used words with young children, sentence and question formation.
- Session 3: ASL through songs, stories, transitions, and games.

Presenter: Dr. Annabella Cant

Dr. Annabella Cant is a professor in Early Childhood Education at Capilano University. In 2022 Annabella was nominated for the BCTLC West Coast Teaching Excellence award. She has previously received the 2019 Teaching Excellence Award from Capilano University. Annabella has been practicing ECCE since 1994; in 1999 she started opening her own childcare centres in Europe (her schools were dedicated to children with very diverse backgrounds and abilities).

NETWORKING: BEHAVIOUR IN THE EARLY YEARS: A CONVERSATION

Thursday, January 23rd, 2025 • 6:30-8:00PM • Burnaby CCRR • 4460 Beresford Street, 3rd Floor • Fee: \$5.00 • Suitable for child care providers and child care workforce

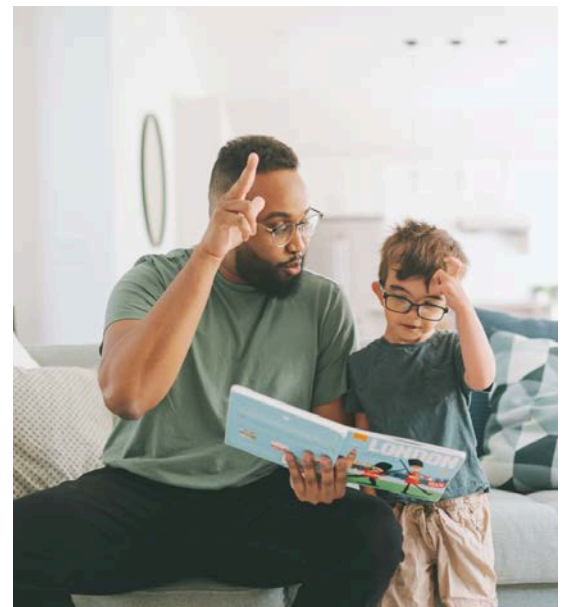
Join us in discussion on how to build knowledge and capacity within our child care community to reduce the number of children excluded from programs in response to their behaviour. Together we will share ideas and strategies to create an inclusive child care program where children with a range of skills and abilities are able to reach their full potential – in their own way and at their own pace.

Presenters: CCRR Consultants

Dates & Times

- Saturday, Jan. 25th, 9:30AM-2:00PM (30 min. lunch break)
- Saturday, Feb. 8th, 9:30AM-2:00PM (30 min. lunch break)
- Saturday, March 8th, 9:30AM-2:00PM (30 min. lunch break)

12 hours of professional development!
Participants are to attend all sessions.
Refreshments will be served at 9:00-9:30AM prior to each session.



Light refreshments will be provided.

A one-hour professional development certificate will be issued.



HOW TO INTEGRATE NATURE EDUCATION INTO YOUR EXISTING CURRICULUM

Thursday, January 30th, 2025 • 7:00-9:00PM • Online via Zoom • Fee: \$10.00 • Suitable for child care providers, child care workforce, and parents.

In this workshop, we will focus on how to integrate safe and comfortable Nature Education Programming into your practice, which you can start incorporating into your program immediately. In doing so, we will begin by discussing the definition, history, philosophy and benefits of Nature Education, requirements for a successful Nature Education Program, policies & procedures (weather, wildlife, First Aid, etc.), program supplies, recommended gear, team building activities, group cooperative games, processing & reflection circles, risky play, site assessment & risk management. Come join us for a fun and engaging presentation, where our goal is to inspire you to learn these tools and activities to take back with you to your practice.

Presenter: Jarrett Krentzel

Jarrett Krentzel is the Founder/Director of Hand-In-Hand Nature Education. He has over 25 years of experience teaching environmental education and outdoor learning from preschools to universities in British Columbia, Yukon, New York, Oregon and California. His mission with Hand-In-Hand Nature Education is to create an outdoor learning environment where their forest friends feel safe and comfortable while playing, learning and connecting in nature!

Come visit us!



Funding for the CCRR is provided by the Province of British Columbia.

YMCA Child Care Resource & Referral

1130 C Austin Avenue, Coquitlam BC V3K 3P5
604-931-3400

4460 Beresford Street, Burnaby BC V5H 0B8
604-294-1109

10 - 620 Royal Avenue, New Westminster, BC V3M 1J2
604-931-3400

ygv.ccrr@bc.ymca.ca
www.gv.ymca.ca/ccrr

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