



Robert Lee YMCA Aquatics Schedule

Updated November 13, 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Full Lane Swim 6am-9:15am	Full Lane Swim 6am-9:15am	Full Lane Swim 6am-9:45am	Full Lane Swim 6am-9am	Full Lane Swim 6am-12pm	Full Lane Swim 7am-9am	Full Lane Swim 7am-9am
Partial Lane 9:15am-12:15pm	Aquafit 9:15am-10am	Partial Lane 9:15am-12:15pm	Aquafit 9:15am-10am		Partial Lane 9am-10am	Partial Lane 9am-10am
Swim Lessons 10:15am-12:15pm	Full Lane Swim 10am-1pm	Aquafit 9:45am-10:30am	Partial Lane 9am-12:15pm	Aquafit 9am-9:45am	Swim Lessons 9am-12:30pm	Swim Lessons 9am-12:45pm
Full Lane Swim 12:15pm-4:30pm		Partial Lane 9:45am-12:15pm	Swim Lessons 10:15am-12:15pm	Full Lane Swim 10am-1pm	Full Lane Swim 10am-1pm	Open Swim 10am-12:30pm
	Partial Lane 12pm-12:45pm	Partial Lane 1pm-2pm	Swim Lessons 1pm-2pm	Partial Lane 12pm-12:45pm	Partial Lane 9am-12:45pm	Partial Lane 9am-12:45pm
Full Lane Swim 12:15pm-4:30pm	Swim Lessons 1pm-2pm	Full Lane Swim 12:15pm-4:30pm	Partial Lane 1pm-2pm	Swim Lessons 1pm-2pm	Full Lane Swim 12:30pm-7pm	Full Lane Swim 12:45pm-7pm
	Full Lane Swim 2pm-4:30pm		Full Lane Swim 2pm-4pm	Full Lane Swim 12:45pm-4pm		
Partial Lane 4:30pm-7:30pm	Swim Lessons 4:30pm-7:30pm	Partial Lane 4:30pm-7:30pm	Swim Lessons 4:30pm-7:30pm	Partial Lane 4pm-7:30pm	Swim Lessons 4pm-7:30pm	Swim Lessons 4pm-7:30pm
Partial Lane 4:30pm-7:30pm	Swim Lessons 4:30pm-7:30pm	Swim Lessons 4:30pm-7:30pm	Swim Lessons 4:30pm-7:30pm	Swim Lessons 4pm-7:30pm	Open Swim 4pm-7:30pm	Swim Lessons 4pm-7:30pm
Full Lane Swim 7:30pm-9pm	Full Lane Swim 7:30pm-9pm	Full Lane Swim 7:30pm-9pm	Full Lane Swim 7:30pm-9pm	Full Lane Swim 7:30pm-9pm		

Online Schedules Page



Please check backside for lane etiquette and swim lesson days.
This schedule is subject to change without notice.



Aquatics Directory

Lane Swim Ettiqute	Swim to the right side of the lane.	When resting, please keep to the corner to allow other swimmers to use the wall.	Faster swimmers must pass to the left.	Choose the appropriate lane for your pace.	When entering the lane, give other swimmers the right of way.
Full Lane Swim	During these times, the pool is configured for lane swim only.				
Partial Lane Swim	During these times, the pool is configured to have one to three lanes for lane swim only. Additional activites may occur in other areas of the pool.				
Open Swim	During this time, a section of the pool will be open for any type of swimming or aquatic activity. Children of any age are welcome into the pool at this time. A section of the pool will be open for families with children 5 years of age and younger.				
Aquafit	This water exercise class is for those looking for a light, low impact and joint-friendly workout. Improve core strength, endurance, a range of motion, flexibility and balance. All levels welcome.				