



# Child, Youth, and Family Schedule

**Cheam Leisure Centre**

CheamLeisureCentre.ca

January 6 - March 16 2025

|  | MONDAY         | TUESDAY       | WEDNESDAY      | THURSDAY      | FRIDAY        | SATURDAY       | SUNDAY         |
|--|----------------|---------------|----------------|---------------|---------------|----------------|----------------|
| <b>Active Kids</b><br><i>Registration required</i>                   |                | 4:00pm-5:15pm |                |               |               |                |                |
| <b>Birthday Party - Craft</b><br><i>Must be booked in advance</i>    |                |               |                |               |               | 11:30am-1:30pm | 12:30pm-2:30pm |
| <b>Birthday Party - Gym *NEW</b><br><i>Must be booked in advance</i> |                |               |                |               |               | 11:30am-1:30pm |                |
|  |                |               |                |               |               | 4:30pm-6:30pm  | 4:30pm-6:30pm  |
| <b>Birthday Party - Pool</b><br><i>Must be booked in advance</i>     |                |               |                |               | 6:30pm-8:30pm | 2:30pm-4:30pm  | 2:30pm-4:30pm  |
| <b>Childminding</b><br><i>Drop-in</i>                                | 8:00am-10:30am | 5:30pm-8:00pm | 8:00am-10:30am | 5:30pm-8:00pm |               |                |                |
| <b>Indoor Family Playground</b><br><i>Drop-in</i>                    |                |               | 9:30-12:00pm   | 2:15-4:45pm   |               |                | 8:00am-10:45am |

Please note there are no programs on Family Day, Monday February 17th, 2025.

## Descriptions and More Programs

**Active Kids:** A 10 week program for kids aged 8-12. In YMCA Active Kids, activities are well structured, positive and fun, and concentrate on developing the ABC's - agility, balance, coordination, and speed. Registration required.

**Birthday Parties:** Celebrate your child's birthday at the Cheam Leisure Centre! We provide the space and activity (craft, swimming or gym) and you provide the food and decorations. For gym parties you have the option between a sports party and mini gym party. All parties must be booked a minimum of 21 days in advance. For more information see our birthday brochure on our website.

**Childminding:** YMCA childminding is available for kids aged 3 months to 10 years for parents to be able to participate in a fitness class, workout in the gym or meet a friend for a workout – child free! Parents must remain in the building, ID is required for pick up.

**Indoor Family Playground:** A drop-in program for families to play physically active games together, climb on the gymnastics equipment, play sports etc. Equipment and toys will be set up for families to enjoy. Ages 0-9. Parent participation required.

**School's Out! Kids:** School's Out! Kids is a half day program to keep your kids aged 5-9 busy and active on a Pro-D day. During the program kids will participate in games, crafts and outdoor activities. For more information visit [cheamleisurecentre.ca](http://cheamleisurecentre.ca). **Friday, January 24th and Friday, February 14th.**

**Red Cross Babysitter's Course:** Learn the basics of being a babysitter. Topics include how to be a responsible leader, caring for children, creating safe environments and more. Delivered by First Aid Hero, a Canadian Red Cross training partner. **Sunday, February 2nd 9:00am-5:00pm.**

**Stay Safe Course:** Learn how to stay safe at home and in the community. Topics include preparing for and recognizing unexpected situations, basic first aid skills and more. Delivered by First Aid Hero, a Canadian Red Cross training partner. **Saturday, March 1st 10:30am-4:30pm.**



**CITY OF CHILLIWACK**



Please note that the schedule is subject to change. Please check our website for any cancellation notices. Please contact 604-824-0231 for any schedule inquiries.