

	MON	NDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY					RDAY	SUNDAY						
	25m Pool	Family Pool	25m Pool	Family Pool	25m Pool	Family Pool	25m Pool	Family Pool	25m Pool	Family Pool	25m Pool	Family Pool	25m Pool	Family Pool
	Member Swim 5:30am - 2:00pm		Member Swim 5:30am - 2:00pm		Member Swim 5:30am - 2:00pm		Member Swim 5:30am - 2:00pm		Member Swim 5:30am - 2:00pm		Member Swim 7:00am - 9:30am		Member Swim 7:00am - 9:30am	
MORNING	Y Aquafit 8:15am- 9:00am 25m Pool	5am- 9:15am- 8:15am- 9:15am- 00am 10:00am 9:00am 10:00am		Y Aquafit 8:15am- 9:00am 25m Pool		Y Aquafit 8:15am- 9:00am 25m Pool			Y Aquafit 9:15am- 10:00am 25m Pool	Y Aquafit 8:15am- 9:00am 25m Pool Swim Lessons 9:00am - 9:30am		Swim Lessons 9:00am - 9:30am		
	Public Swim 9:00am - 2:00pm				Starting January 22, 2025 to Feburary 26, 2025 School board lessons 9:00am - 12:30pm		Public Swim 2:00pm - 4:00pm	Swim Lessons 10:00am - 12:00pm	Member Swim 5:30am - 2:00pm		Swim Lessons 9:30am - 1:30pm No access to the Hot Tub, 25M Pool & Family Pool during swim lesson times		Swim Lessons 9:30am - 1:30pm No access to the Hot Tub, 25M Pool & Family Pool during swim lesson times	
AFTERNOON												Pool Rental 2:00pm - 3:30pm	Rental :00pm -	
											Pool Rental 3:30pm - 5:15pm			
	Member Swim 2:00pm - 9:45pm *Limited space*	Swim Lessons 4:00pm- 8:00pm *Limited space*	Public Swim 2:00pm - 9:45pm *Limited space*	Swim Lessons 4:00pm- 8:00pm *Limited space*	Public Swim 2:00pm - 9:45pm *Limited space*	Swim Lessons 4:00pm- 8:00pm *Limited space*	Member Swim 2:00pm - 9:45pm *Limited space*	Swim Lessons 4:00pm- 8:00pm *Limited space*	Public Swim 2:00pm - 9:45pm *Limited space*	Swim Lessons 4:00pm- 8:00pm *Limited space*	Member Swim 1:30pm - 8:45pm			
EVENING	Note: 7:30p 1 lane a													

During *Limited Space* times, half of the Family Pool and 2 lanes in the 25m Pool are available

Please note: This schedule is suject to change without notice. Lifeguard courses, Private Lessons & School Board Swimming Lessons may occur in the pool area anytime. For the most up to date schedule information, please visit our website: gv.ymca.ca or scan the QR code.

TLY - Revision Date: Jan 4 , 2025

Member Swim:
Day Pass rate applies to Non-
Members

Y Aquafit

Pool Rental Swim Lessons: Pool is closed for swim lessons only during this time

Public Swim: Reduced Rate Drop- in fee



Pool hours are Monday - Friday 5:30am - 9:45pm, Weekends & Statutory Holidays 7:00am-6:45pm