

Child, Youth and Family Schedule Updated February 1, 2024

Room Guide:

(E) East Gymnasium · (C) 5th Floor · (A) Active Living Studio 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Morning						
Childminding (C) 9:30-1pm	Childminding (C) 9:30-1pm	Childminding (C) 9:30-1pm	Childminding (C) 9:30-1pm	Childminding (C) 9:30-1pm	Childminding (C) 9:30-1pm	Family Playtime (C) 9:30-1pm
Indoor Family Playground (C) 9:30-12pm					Family Playtime (C) 9:30-1pm	
Evening						
Kid's Futsal (E) 4:15-5:15pm	Kid's Yoga (A) 4-4:45pm	Childminding (C) 4:30-7:30pm	Kid's Basketball (E) 4-5pm	Childminding (C) 4:30-7:30pm		
Childminding (C) 4:30-7:30pm	Little Spoons (C) 4-5pm <i>Check Dates Below</i>		Family Playtime (C) 4:30-7:30pm	Family Playtime (C) 4:30-7:30pm		
Family Playtime (C) 4:30-7:30pm	Crafts (C) 4pm-6pm <i>Check Dates Below</i>			Movie Night (C) 4-7pm <i>Check Dates Below</i>		
	Family Playtime (C) 4:30-7:30pm					
	Karate (A) 7:30-8:30pm		Karate (A) 7:30-8:30pm			
Updated on February 1, 2024						

Child, Youth and Family Descriptions and Fees

Program	Age	Program Description	Member Fee	Non-Member Fee
Family Play Time	0-12	Our playroom is filled with toys and soft play equipment, perfect for developing essential growth-motor skills and learning to play and share with friends. <i>Parent/Guardian supervision is required.</i>	Included in membership	\$5.00
Indoor Family Playground	0-12	The perfect way for children to develop essential gross-motor skills like walking, running, jumping & throwing. Soft play, climbing bouncing and riding equipment are provided offering a variety of exciting options to your child. <i>Parent/Guardian supervision is required.</i>	Included in membership	\$5.00
Childminding	6wks-5	Enjoy a workout or a break at the cafe while your child is in the capable hands of trained YMCA staff. Additional fees and advanced registration on the community portal apply. <i>Parent/Guardian must stay in the building.</i>	\$3.00 per 30 minutes	\$5.00 per 30 minutes
Little Spoons	2-8	Is a creative and hands-on program designed for children. They can explore various artistic activities and develop their creativity. <i>Parent/Guardian involvement and supervision is required for children under 4 yrs.</i> January 7 & 21, February 4 & 18, March 4 & 18	\$8.00	\$12.00
Crafts	2-8	Is a creative and hands-on program designed for children. They can explore various artistic activities and develop their creativity. <i>Parent/Guardian involvement and supervision is required for children under 4 yrs.</i> January 14 & 28, February 11 & 25, March 11 & 25.	Included in membership	\$5.00
Movie Night	4-12	We invite children to come and enjoy a movie & snacks with their peers. Additional fees and advanced registration on the community portal apply. Children and youth must be able to go to the washroom on their own. All snacks are peanut free. Parents/guardians do not need to stay on site. January 31, February 28 and March 28	\$25.00 Siblings discount available	\$35.00 Siblings discount available
Kid's Futsal and Basketball	6-12	Your child will enjoy themselves, meet friends, and learn the importance of fair play via fundamental sports throughout this program. While playing, kids would run, jump, shoot, and pass. <i>Advanced booking on the YMCA BC app is required.</i>	Included in membership	\$10.00
Kid's Yoga	6-12	A fun and engaging way for children to learn the basics of yoga through playful activities and simple poses. <i>Advanced booking on the YMCA BC app is required.</i>	Included in membership	\$10.00
Kid's Zumba	6-12	This class is an energetic and fun fitness program designed specifically for children. It combines dance, music, and exercise to create an engaging and enjoyable workout experience. <i>Advanced booking on the YMCA BC app is required.</i>	Included in membership	\$10.00
Karate	10+	Exercise and sport activity for child, youth and adults 10 years old and up. Our Karate instructors are black belt masters. <i>Preregistration is required.</i> January 7 to April 3. Tuesdays and Thursdays.	\$226.00	\$335.00