

## Child, Youth and Family Schedule

Updated for Spring Break Schedule March 17th – 28th, 2025!

**Room Guide:** (PRA) Playroom A - (PRB) Playroom B - (Reg.) Registered Program - (S) Studio  
(G) Gymnasium - (CM) Childminding Room

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Morning/ Afternoon – 9:00 a.m. - 3:00 p.m.</b>						
<b>**Gym Shoes Required in the Gym – Must Sign your child in/out with a CYF staff present and MUST show ID!</b>						
<b>Childminding (CM)</b> 9:00am-12:30pm (6wks-5yrs)	<b>Baby Bears, Circle Time (CM)</b> 9:15am-10:00am (0-4yrs)	<b>Childminding (CM)</b> 9:00am-12:30pm (6wks-5yrs)	<b>Baby Bears, Circle Time (CM)</b> 9:15am-10:00am (0-4yrs)	<b>Childminding (CM)</b> 9:00am-12:30pm (6wks-5yrs)	<b>Childminding (CM)</b> 9:00am-12:30pm (6wks-5yrs)	<b>Family Playtime (PLA)</b> 10:00am-1:00pm (0-5yrs with parent)
	<b>Family Playtime (CM)</b> 10:00am-12:30pm (0-5yrs w/parent)		<b>Family Playtime (CM)</b> 10:00am-12:30pm (0-5yrs w/parent)	(Reg) <b>Zumbini (PRB)</b> 10:00am-10:45am (0-4yrs w/parent)		
(Reg) <b>Spring Kids(G-/PRA)</b> 9:00am-12:30pm (5-12 yrs)	(Reg) <b>Spring Kids(G-/PRA)</b> 10:30am-12:30pm (5-12 yrs)	(Reg) <b>Spring Kids(G-/PRA)</b> 9:00am-12:30pm (5-12 yrs)	(Reg) <b>Spring Kids(G-/PRA)</b> 9:00am-12:30pm (5-12 yrs)	(Reg) <b>Spring Kids(G-/PRA)</b> 9:00am-12:30pm (5-12 yrs)	<b>Indoor Family Playground-Bouncy Castle (G)</b> 9:30am-12pm (0-12yrs w/parent)	
<b>Evening – 4:00 p.m. - 9:00 p.m.</b>						
<b>Childminding (CM)</b> 4:00pm-7:30pm (6wks-5yrs)	<b>Childminding (CM)</b> 4:00pm-7:30pm wks-5yrs	<b>Childminding (CM)</b> 4:00pm-7:30pm (6wks-5yrs)	<b>Sports (G)</b> 4:00pm-6:00pm (5-12yrs)	<b>Family Playtime (PRA)</b> 4:00pm-7:00pm (0-12yr with parent)		(Reg) <b>Zumbini (PLB)</b> 4:30pm-5:15pm (0-4yrs with parent)
(Reg.) <b>Little Kickers (G)</b> 4:00pm-5:00pm (5-8yrs)	<b>Basketball (G) (5-12yrs) and Active Kids (G)</b> 5:30pm-6:00pm (5-12yrs)	(Reg.) <b>Little Kickers (G)</b> 4:00PM-5:00PM (5-8yrs)		<b>Musical Arts/Kids Club (PRB)</b> 4:30pm-8:00pm (5-12yrs)	<b>Family Playtime (CM)</b> 4:00pm-7:30pm (0-5yrs with parent)	
<b>Kids Club (PRA)</b> 4:00pm-6:00pm (5-12yrs)	<b>Family Playtime (PRA)</b> 4:30pm-8:00pm (0-12yrs) with Parent	<b>Kids Club (PRA)</b> 4:00pm-6:00pm (5-12yrs)	<b>Family Playtime (PRA)</b> 4:30pm-8:00pm (0-12yrs) with Parent			
<b>Sports (G)</b> 5:00pm-6:00pm (5-12yrs)	(Reg.) <b>Karate (S)</b> 6:00pm-7:00pm	<b>Sports (G)</b> 5:00pm-6:00pm (5-12yrs)	(Reg.) <b>Karate (S)</b> 6:00pm-7:00pm			
<b>Games Galore (PRA)</b> 6:00pm-8:00pm (5-12yrs)	<b>Games Galore (PRB)</b> 6:00pm-8:00pm (5-12yrs)	<b>Games Galore (PRA)</b> 6:00pm-8:00pm (5-12yrs)				

**\*\*Gym Shoes Required in the Gym – Must Sign your child in/out with a CYF staff present and MUST show ID!**



## Bettie Allard YMCA

### Child, Youth and Family Descriptions and Fees

Program	Age	Program Description	Member Fee	Non-Member Fee
<b>Family Play Time</b>	0-12	Our playroom is filled with toys and soft play equipment, perfect for developing essential growth-motor skills and learning to play and share with friends. <b>Parent/Guardian supervision is required.</b>	Included in membership	\$5.00
<b>Indoor Family Playground</b>	0-12	The perfect way for children to develop essential gross-motor skills like walking, running, jumping & throwing. Soft play, climbing bouncing and riding equipment are provided offering a variety of exciting options to your child. <b>Parent/Guardian supervision is required.</b>	Included in membership	\$5.00
<b>Childminding</b>	6wks-5	Enjoy a workout or a break at the cafe while your child is in the capable hands of trained YMCA staff. Additional fees and advanced registration on the community portal apply. <b>Parent/Guardian must stay in the building.</b>	\$3.00 per 30 minutes	\$5.00 per 30 minutes
<b>Little Kickers</b>	5-8	Skills developmental play taught by a Coquitlam Metro Ford Soccer Gold Player, 2 sessions per week. <b>Advanced booking on the YMCA BC app is required.</b>	\$20.00 for 4 weeks	NA
<b>Baby Bears</b>	0-4	Circle time with Story time and singing.	Included in membership	\$5.00
<b>Kids Club</b>	5-12	We invite children to come and enjoy playing board games, build social and emotional skills all while making new friends. <b>Parent/Guardian must stay in the building</b>	Included in membership	NA
<b>Karate</b>	7 and up	Karate Program will focus on the traditional teachings of the martial arts and includes two structured karate lessons per week led by a professional instructor from Downtown Shotokan Karate. <b>Advanced booking online at myymca.ca or at the front desk is required.</b>	\$260	\$325
<b>Zumbini</b>	0-4	When is doubt dance it out with your littles. Your children will learn through play, great bonding experience with your little and meet new friends. <b>Registered program.</b>	\$40 for 8 weeks	\$40 for 8 weeks
<b>Games Galore</b>	5-12	During this time, your child will interact with their friends, while engaging with a variety of board games in Y Play B.	Included in membership	NA
<b>Active Kids</b>	5-12	Gym plays with a mix use of equipment, relays, games and parachute play.	Included in membership	NA
<b>Sports</b>	5-12	During this drop off program, your child will learn basic sports skills and play skills with the direction of our staff while playing sports activities.	Included in membership	NA