

## Gymnasium Schedule Updated March 28<sup>th</sup>, 2025!

### Room Guide & Abbreviations:

(G) Gymnasium (Reg.) Registered Programs  
(D.I.) Drop In

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Morning – Open to 12:00pm</b>						
(Reg.) <b>Beginner Pickleball (G)</b> 6:00am-9:00am	<b>Drop-in Badminton (G)</b> 6:00am-9:00am	(Reg.) <b>Inter/Adv Pickleball (G)</b> 6:00am-9:00am	<b>Drop-in Basketball (G)</b> 6:00am-9:00am <b>(All Ages)</b>	<b>Drop-in Basketball (G)</b> 6:00am-9:00am <b>(All Ages)</b>	<b>Drop-in Basketball (G)</b> 7:00am-9:00am <b>(All Ages)</b>	(Reg.) <b>Badminton (G)</b> 7:15am-9:15am
<b>Indoor Family Playground (G)</b> 9:30am-12:00pm	<b>Salsa Plus (G)</b> 9:15am-10:15am	<b>Indoor Family Playground (G)</b> 9:30am-12:00pm	<b>C-Dance (G)</b> 9:15am-10:15am		<b>Indoor Family Playground (G)</b> 9:30am-12:00pm	<b>Family Open Gym (Parents Present)</b> 9:30am-11:00am
	<b>Drop-in Pickleball (G)</b> 10:30am-12:30pm		<b>Drop-in Pickleball (G)</b> 10:30am-12:30pm	<b>Drop-in Pickleball (G)</b> 10:30am-12:30pm		
<b>Afternoon – 12:00pm to 4:00pm</b>						
<b>Drop-in Pickleball (G)</b> 12:30pm-2:30pm	<b>Drop-in Basketball (G)</b> 1:00pm-4:00pm	<b>Drop-in Pickleball (G)</b> 12:30pm-2:30pm	<b>Drop-in Basketball (G)</b> 1:00pm-3:30pm	<b>Drop-in Basketball (G)</b> 1:00pm-5:15pm	(Drop-in Basketball will run March 15 <sup>th</sup> -April 19 <sup>th</sup> ) <b>*Reserved Partner Organization*</b> April 26 <sup>th</sup> -June 7 <sup>th</sup> 12:30pm-2:30pm	<b>Birthday Parties</b> 11:00am-2:00pm (Reg. Booking)
<b>Drop-in Basketball (G)</b> 3:00pm-3:45pm		<b>Drop-in Basketball (G)</b> 3:00pm-3:45pm			(Reg.) <b>Beginners Volleyball (G)</b> 2:45pm-4:15pm	<b>Drop-in Basketball (G)</b> 2:00pm-4:00pm <b>(All Ages)</b>
<b>Evening – 4:00pm to Close</b>						
(Reg.) <b>Little Kickers (G)</b> 3:45pm-5:00pm	<b>CYF Basketball (G)</b> 4:30pm-5:30pm	(Reg.) <b>Little Kickers (G)</b> 3:45pm-5:00pm	<b>CYF Sports (G)</b> 4:00pm-6:00pm	(Reg.) <b>Badminton (G)</b> 5:30pm-7:30pm	(Reg.) <b>Inter/Adv Volleyball (G)</b> 4:15pm-6:15pm	<b>Drop-in Pickleball (G)</b> 4:15pm-6:15pm
<b>CYF Sports (G)</b> 5:00pm-6:30pm	<b>CYF Active Kids (G)</b> 5:30pm-6:00pm	(Reg.) <b>Growing Mindfully (G)</b> 4:45pm-7:00pm	<b>Youth Basketball (G)</b> 3:30-6:00pm <b>(12-16yrs)</b>			
	<b>Zumba (G)</b> 6:15pm-7:15pm	<b>CYF Sports (G)</b> 5:00pm-6:30pm	<b>Dance (G)</b> 6:15pm-7:15pm			
(Reg.) <b>Inter/Adv Pickleball (G)</b> 7:00pm-9:30pm	(Reg.) <b>Advance Volleyball (G)</b> 7:30pm-9:30pm <b>(16+)</b>	(Reg.) <b>Beginner Pickleball (G)</b> 7:15pm-9:30pm	<b>Drop-in Basketball (G)</b> 7:30pm-9:30pm <b>(All Ages)</b>	<b>Drop-in Soccer (G)</b> 8:00pm-9:30pm <b>(All Ages)</b>	<b>Adult Only Basketball (G)</b> 6:30pm-8:30pm <b>(19+)</b>	(Reg.) <b>Badminton (G)</b> 6:30pm-8:30pm

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For bookings, live updates for most programs, please check the YMCA BC app.