

Cheam Leisure Centre - Aquatic Schedule

Spring Schedule: March 17th - June 29th 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<u> </u>			Morning		,	
Lane Swim 6:00am-8:25am <i>6 lanes</i>	Lane Swim 6:00am-8:25am <i>6 lanes</i>	Lane Swim 6:00am-8:25am <i>6 lanes</i>	Lane Swim 6:00am-8:25am <i>6 lanes</i>	Lane Swim 6:00am-8:25am <i>6 lanes</i>	Rental 7:00am-8:15am <i>Using 3 lanes</i>	Swim Club 7:30am-11:30a <i>Using 6 lanes</i>
Leisure Swim 6:00am-9:30pm	Leisure Swim 6:00am-9:30pm	Leisure Swim 6:00am-9:30pm	Leisure Swim 6:00am-9:30pm	Leisure Swim 6:00am-9:30pm	Rental 8:15am-10:30am <i>Using 1 lane</i>	Rental 8:30am-11:30a <i>Using 6 lanes</i>
Blended Aquafit 8:30am-9:30am Using main pool	Lane Swim 9:30am-12:30pm <i>3 lanes</i>	Blended Aquafit 8:30am-9:30am Using main pool	Blended Aquafit 8:30am-9:30am Using main pool	Blended Aquafit 8:30am-9:30am Using main pool	Leisure Swim 7:00am-6:00pm	Swim Lesson 11:30am-2:30p Using 3 lanes
Public Swim 9:30am-12:30pm 1 lane		Public Swim 9:30am-12:30pm 1 lane	Lane Swim 9:30am-12:30pm <i>3 lanes</i>	Public Swim 9:30am-12:30pm 1 lane	Lane Swim 7:00am-8:15am <i>2 lanes</i> 8:15am-1:00pm <i>4 lanes</i>	Lane Swim 11:30am-2:30p <i>3 lanes</i>
Swim Lessons 10:00am-12:00pm Leisure pool		Swim Lessons 10:00am-12:00pm Leisure pool			Swim Lessons 10:00am-1:00pm Leisure pool & 2 lanes	
			Afternoon			
Lane Swim 12:30pm-4:00pm <i>3 lanes</i>	Physio Swim 12:30pm-2:00pm Using 3 lanes	Lane Swim 12:30pm-4:00pm <i>3 lanes</i>	Physio Swim 12:30pm-2:00pm Using 3 lanes	Lane Swim 12:30pm-4:00pm <i>3 lanes</i>	Public Swim 1:00pm-6:00pm 1 lane	Public Swim 2:30pm-8:30pm 1 lane
	Lane Swim 12:30pm-2:00pm <i>3 lanes</i>		Lane Swim 12:30pm-2:00pm <i>3 lanes</i>			
	Public Swim 2:00pm-4:00pm 1 lane		Public Swim 2:00pm-4:00pm 1 lane			
			Evening			
Lanes Swim 4:00pm-8:30pm 2 lanes	Swim Lessons 4:00pm-7:00pm Lesiure & 2 lanes	Lane Swim 4:00pm-8:30pm 2 lanes	Swim Lessons 4:00pm-7:00pm Leisure & 2 lanes	Lane Swim 4:00pm-6:30pm <i>2 lanes</i>		
Swim Club 4:00pm-6:30pm Using 4 lanes	Swim Club 4:00pm-6:30pm Using 4 lanes	Swim Club 4:00pm-6:30pm Using 4 lanes	Swim Club 4:00pm-6:30pm <i>Using 4 lanes</i>	Swim Club 4:00pm-6:30pm Using 4 lanes		
Swim Club 6:30pm-8:30pm Using 4 lanes	Blended Aquafit 7:00pm-8:00pm Using main pool	Swim Club 6:30pm-8:30pm Using 4 lanes	Lane Swim 7:00pm-8:00pm <i>2 lanes</i>	Public Swim 6:30pm-9:30pm 1 lane		
Public Swim 8:30pm-9:30pm 1 lane	Public Swim 8:00pm-9:30pm 1 lane	Public Swim 8:30pm-9:30pm 1 lane	Public Swim 8:00pm-9:30pm 1 lane			

Leisure Pool: A shallow, family friendly section of the pool. Also includes the lazy river, hot tub and sauna.

Public Swim: Includes the main pool, diving board, leisure pool, hot tub and sauna.

Lane Swim: A time when lanes are available for lane swim.