

Updated on March 9, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Morning – Open to 12:00pm</b>						
<b>Reserved Table Tennis</b> 8:00- 11:45am	<b>Reserved – Private group</b> 10am-12pm	<b>Member Coffee Hour</b> 9:00-10:00am	<b>Reserved Table Tennis</b> 8:00- 11:45am	<b>Reserved Table Tennis</b> 8:00- 11:45am	<b>Y Cardio Dance</b> 10:30-12:00pm	<b>Reserved Table Tennis</b> 8:00-11:45am
<b>Afternoon – 12:00pm to 4:00pm</b>						
<b>Reserved Table Tennis</b> 3:00-5:15pm	<b>Reserved Table Tennis</b> 3:00-5:15pm	<b>Reserved Table Tennis</b> 12:00-5:15pm	<b>Reserved Table Tennis</b> 3:00-5:15pm	<b>Reserved Table Tennis</b> 3:00-5:15pm	<b>Drop In Table Tennis</b> 12:15-3:00pm	<b>Drop in Table Tennis</b> 12:00-2:45pm
					<b>Y Boxing</b> 3:30-4:30pm	<b>Reserved Table Tennis</b> 3:00-4:30pm
<b>Evening – 4:00pm to Close</b>						
<b>Drop in Table Tennis</b> 5:15-6:15pm	<b>Drop in Table Tennis</b> 5:15-8:45pm	<b>Y Boxing</b> 5:30-6:30pm	<b>Drop in Table Tennis</b> 5:15-6:45pm	<b>Bollywood</b> 5:45-6:45pm		
<b>Y Cardio Dance</b> 6:30-7:30PM		<b>Y Line Dance-Begin</b> 7:00-8:30pm	<b>Y Cardio Dance</b> 7:00-8:00PM	<b>Drop in Table Tennis</b> 7:00-8:45pm		

**Maximum booking PER GROUP (2+ members) is 2 sessions per day (1.5 hrs total).**

This schedule is subject to change without warning

Please allow 15 minutes for set up and take down times

