

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Morning – Open to 12:00pm						
Drop in Basketball 6:15-7:45am East Gym	Drop in Basketball 6:15-9:00am Full Gym	Drop in Basketball 6:15-7:45am East Gym	Drop in Basketball 6:15-7:45am East Gym	Drop in Basketball 6:15-7:45am East Gym	Drop in Basketball 8:15-9:00am Full Gym	Pickleball 1 8:15-10:15am Full gym
Badminton 6:15-7:45am West Gym	Pickleball 1 9:15-11:15am Full gym	Badminton 6:15-7:45am West Gym	Badminton 6:15-7:45am West Gym	Badminton 6:15-7:45am West Gym	Pickleball 9:15-10:45am Full gym	Pickleball 2 10:15-12:15pm Full gym
Y Gentle 8:00-9:00am Full Gym	Pickleball 2 11:15-1:15pm Full gym	Y Gentle 8:00-9:00am Full Gym	Y Gentle 8:00-9:00am Full Gym	Y Gentle 8:00-9:00am Full Gym	Drop in Basketball 11:00-1:45pm Full gym	Shooting Practice 12:30-1:15pm West Gym
Pickleball 1 9:15-11:15am Full gym		Pickleball 1 9:15-11:00am Full gym	Pickleball 1 9:15-11:00am Full gym	Food Hub Private event 9:30-12:00pm Full Gym		Drop in Basketball 1:30-4:45pm Full Gym
Pickleball 2 11:15-1:15pm Full gym		Pickleball 2 11:00-12:45pm Full gym	Pickleball 2 11:00-12:45pm Full gym			
Afternoon – 12:00pm to 4:00pm						
Drop in Basketball 1:30-4:15pm Full gym	Drop in Basketball 1:30-4:15pm Full gym	VSB Foundations Private class 1:00-2:00pm Full gym	Drop in Basketball 1:00-6:30pm Full gym	Drop in Basketball 12:15-4:15pm Full gym	Generation Health Clinic 2:00-4:45pm Full gym	
		Drop in Basketball 2:15-4:15 Full Gym				
Evening – 4:00pm to Close						
Drop in Basketball 4:30-6:00pm East Gym	Drop in Basketball 4:30-6:00pm East Gym	Pickleball 3 4:30-6:00pm Full gym	Drop in Soccer 6:45-8:45pm Full Gym	Drop in Basketball 4:30-6:00pm East Gym		
Badminton 4:30-6:00pm West Gym	Badminton 4:30-6:00pm West Gym	Shotokan Karate 6:30-8:30pm Full Gym		Badminton 4:30-6:00pm West Gym		
Shotokan Karate 6:30-8:30pm Full Gym	Drop in Basketball 6:15-8:30pm Full gym			Drop in Basketball 6:15-8:30pm Full Gym		

All programs except basketball require registration. Please visit front desk to learn more

This schedule is subject to change without warning

Please allow 15 minutes for set up and take down times