



# Child, Youth, and Family Programs

Schedule starting March 31 2025

**Stat Holidays: April 18th, April 21st, May 19th - No Group Fitness Classes, Pool or Programs**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00am - 10:15am	<b>Y Play</b> 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	<b>Y Play</b> 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	<b>Y Play</b> 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	<b>Y Play</b> 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	<b>Y Play</b> 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	<b>Y Play</b> 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	
	<b>Creative Play</b> 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	<b>Creative Play</b> 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	<b>Creative Play</b> 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	<b>Creative Play</b> 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	<b>Creative Play</b> 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	<b>Creative Play</b> 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	<b>Multi-Sports</b> 6 - 12 yrs Gymnasium
10:30am - 11:45am	<b>Y Play</b> 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	<b>Y Play</b> 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	<b>Y Play</b> 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	<b>Y Play</b> 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	<b>Y Play</b> 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	<b>Y Play</b> 12 wks - 3 yrs <i>Pre-register only</i> Y Play Room	
	<b>Creative Play</b> 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	<b>Creative Play</b> 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	<b>Creative Play</b> 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	<b>Creative Play</b> 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	<b>Creative Play</b> 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	<b>Creative Play</b> 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	<b>Games Galore</b> 6 - 12 yrs Multipurpose Room 2
12:00pm-4:30pm	<b>Family Playtime</b> 0-6yrs drop-in <i>Parent participation required</i> Multipurpose Room 4	<b>Family Playtime</b> 0-6yrs drop-in <i>Parent participation required</i> Multipurpose Room 4	<b>Family Playtime</b> 0-6yrs drop-in <i>Parent participation required</i> Multipurpose Room 4	<b>Family Playtime</b> 0-6yrs drop-in <i>Parent participation required</i> Multipurpose Room 5	<b>Baby Bear Tots Together</b> 2:00pm-3:00pm <i>Parent Participation Required</i> Multipurpose Room 4	<b>Family Playtime</b> 12:00pm-5:00pm 0-6 yrs <i>Parent participation required</i> MP 4	<b>Family Playtime</b> 12:00pm-5:00pm 0-6 yrs <i>Parent participation required</i> MP 4
	<b>Youth Sports Drop-in</b> 12-16 yrs 3:30pm-4:30pm Gymnasium	<b>Youth Sports Drop-in</b> 12-16 yrs 3:30pm-4:30pm Gymnasium	<b>Youth Sports Drop-in</b> 12-16 yrs 3:30pm-4:30pm Gymnasium	<b>Youth Sports Drop-in</b> 12-16 yrs 3:30pm-4:30pm Gymnasium	<b>Youth Sports Drop-in</b> 12-16 yrs 3:30pm-4:30pm Gymnasium	<b>Family Fun</b> 1:00pm-5:00pm All ages drop-in <i>Parent participation required</i> MP 2/3	<b>Family Fun</b> 1:00pm-5:00pm All ages drop-in <i>Parent participation required</i> MP 2/3
4:30pm-6:30pm	<b>Y Play</b> 3 months- 5 yrs 4:00pm-5:00pm <i>Pre-register only</i> Y Play Room	<b>Y Play</b> 3 months- 5 yrs 4:00pm-5:00pm <i>Pre-register only</i> Y Play Room	<b>Y Play</b> 3 months- 5 yrs 4:00pm-5:00pm <i>Pre-register only</i> Y Play Room	<b>Y Play</b> 3 months- 5 yrs 4:00pm-5:00pm <i>Pre-register only</i> Y Play Room			<b>Family Open Gym Drop-in</b> 2:30-4:30pm <i>6+ yrs accompanied by parent/guardian</i> Gymnasium
		<b>Youth Board Game Café</b> 12-16yrs 4:30pm-6:30pm Multipurpose Room 1				<b>Youth Sports</b> 12-16 yrs old 4:30pm-5:30pm <i>Supervised</i> Gymnasium	<b>Youth Sports</b> 12-16 yrs old 4:30pm-5:30pm Gymnasium
5:15pm - 6:30pm	<b>Y Play</b> 3 months- 3 yrs <i>Pre-register only</i> Y Play Room	<b>Y Play</b> 3 months- 3 yrs <i>Pre-register only</i> Y Play Room	<b>Y Play</b> 3 months- 3 yrs <i>Pre-register only</i> Y Play Room	<b>Y Play</b> 3 months- 3 yrs <i>Pre-register only</i> Y Play Room			
	<b>Creative Play</b> 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	<b>Creative Play</b> 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	<b>Creative Play</b> 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4	<b>Creative Play</b> 3 - 5 yrs <i>Pre-register only</i> Multipurpose Room 4			
6:45pm-8:00pm	<b>Games Galore</b> 6 - 12 yrs Multipurpose Room 2	<b>Multi-Sports</b> 6 - 12 yrs Gymnasium	<b>Games Galore</b> 6 - 12 yrs Multipurpose Room 2	<b>Games Galore</b> 6 - 12 yrs Multipurpose Room 2			
	<b>Games Galore</b> 6 - 12 yrs Multipurpose Room 2	<b>Multi-Sports</b> 6 - 12 yrs 1/2 Gymnasium	<b>Active Brains</b> 6 - 12 yrs Multipurpose Room 2	<b>Active Kids</b> 6 - 12 yrs Multipurpose Room 2			
		<b>Growing Mindfully</b> 6:30pm-8:00pm *					
	<b>Family Playtime</b> 0-6yrs drop-in <i>Parent participation required</i> Multipurpose Room 4	<b>Family Playtime</b> 0-6yrs drop-in <i>Parent participation required</i> Multipurpose Room 4	<b>Family Playtime</b> 0-6yrs drop-in <i>Parent participation required</i> Multipurpose Room 4	<b>Family Playtime</b> 0-6yrs drop-in <i>Parent participation required</i> Multipurpose Room 4	<b>Family Playtime</b> 0-6yrs drop-in <i>Parent participation required</i> Multipurpose Room 4		

Membership is required for all CYF programs.  
 Please show up within fifteen minutes of your program's start. After fifteen minutes spaces in program will be offered to waitlisted participants.  
 Pre-registration required for Growing Mindfully. Please see front desk for more information.

Updated SPRING 2025